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PAGE 23

Drunk at Stephen
Harper's home?RCMP confirm medics called to 24
Sussex Dr. amid media reports a
female teen was severely intox-
icated

PAGE 8

Son charged
with murder in
mother's deathThe 18-year-old is "trying to
process what's going on," defence
lawyer says

PAGE 3

NO HAIR
BANDSLiVE
88.5 fmLRT romance
off trackComplaints of
secrecy and
'silence': Is the city
council-Rideau
Transit Group
honeymoon over?

SEE STORY ON PAGE 4



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Wife's murder

Realtor charged in killing denied bail

A prominent Ottawa realtor accused of attempting to murder his wife with a baseball bat was denied bail Wednesday, but his lawyer wouldn't rule out the possibility of launching an appeal.

Chris Hoare, 44, was charged on April 2 after police responded to a domestic incident at the couple's home. Hoare and his wife have five children.

Hoare's lawyer, Eric Granger, said he believes his client has a strong case for bail despite a justice of the peace ruling he remain in custody. The reasons for his bail being denied are protected by a publication ban. **JOE LOFARO/METRO**

Angela Distasio autopsy

Victim killed by 'pointed object'

The results of an autopsy in the death of Angela Distasio, who police allege was killed by her estranged husband Monday, reveal that the 49-year-old mother of five's fatal injuries were caused by a "pointed object."

Police won't release any more details of what the object is, as court proceedings are underway against Alain Gascon, who has been charged with first-degree murder.

Police were called to 45 Symmes Street in Aylmer Sunday night and Distasio was in severe condition when paramedics arrived. She was rushed to hospital and pronounced dead just after 2:30 a.m. Monday morning. Gascon, 49, was arrested shortly after. **TREVOR GREENWAY/METRO**



Police escort Chris Gobin to a cruiser after his arrest Tuesday. Gobin was nabbed in front of a neighbour's house after police were called to his home in Orleans. The body of Luce Lavertu was reportedly discovered by her husband Jacques Gobin, both inset, inside the family's home. **MAIN PHOTO: JOE LOFARO/METRO; INSET: FACEBOOK**

Teen charged with mother's murder

Orleans. Son of Luce Lavertu chased through neighbourhood before arrest, police say



JOE LOFARO
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The 18-year-old son of a woman whose throat was slit in her Orleans home Tuesday was charged with first-degree murder Wednesday.

Chris Gobin was arrested nearly two hours after Ottawa police were called to the home of Luce Lavertu on St. Bruno Street.

First-degree murder charges

"It's a very tragic situation and all I can say is he's trying to process what's going on right now."

Chris Gobin's lawyer Sam Adam on the 18-year-old's reaction to the charges

The 49-year-old woman was unconscious and without vital signs when paramedics and police arrived at 634 St. Bruno St. just after 1 p.m.

Police arrested her son on the front lawn of a neighbour's home on Esprit Drive.

He appeared briefly in court by video link Wednesday morning appearing calm with his hands in cuffs in front of him.

His lawyer, Sam Adam, asked the matter to be ad-

judged until next week in order to receive disclosure from the Crown.

"It's a very tragic situation and all I can say is he's trying to process what's going on right now. He's facing some very serious charges," Adam told reporters outside court.

Gobin will return to court on April 30.

The teen was wearing pajama pants, a rain-soaked T-shirt and no shoes when

police handcuffed him after a dramatic chase through the Orleans neighbourhood.

Gobin is a student at St. Peter Catholic High School. The Ottawa Catholic School Board said in a statement Wednesday the school's crisis response team and guidance counsellors are available to provide counselling support to students.

"The school community's prayers are with the victim's family, friends and the Avalon/Orleans area," said the OCSB in the statement.

The police takedown rattled neighbours in Orleans, who saw the teen run through their backyards leading up to his arrest.



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The case of the missing safety audit

LRT. Rideau Transit Group 'very secretive' says councillor

Ottawa city councillor Diane Holmes says she has no idea whether the Rideau Transit Group (RTG) ever did a safety audit on the LRT bus detour that will divert 2,500 buses down Albert/Scott Street every day starting next summer.

The councillor for Somerset Ward has been trying for over a year to get some sort of answer from the RTG, but says she has so far been stonewalled. She said her next move is to file an access-to-information request to find out what, if any, safety studies have been conducted.

"That's ridiculous that a council member has to file an information request to get something from our own staff," said a frustrated Holmes, who has been trying to get a copy of this ghost audit for over a year.

"The Rideau Transit Group is quite secretive and it's very difficult to get information from them, and our staff don't seem to be very helpful in getting that information from them as well." She said the whole idea

of a consortium rail group running things at the table is "not working."

After being transferred to five different offices, the RTG did not return Metro's calls Wednesday.

One of the specific studies Holmes wants to look into is air quality, as 2,500 buses will be "spewing toxins" in the neighbourhood, with some bedroom windows just 15 feet away from what will essentially become the Transitway.

Catherine McKenney is one of those neighbourhood residents. She lives on Walnut Court, which backs onto Albert. Because no one seems to know if the RTG did a safety audit, neighbours are doing their own on Thursday with the help of the Women's Initiatives for Safer Environments, which will look at everything from signage, lighting and possible assault areas to the walkability of nearby sidewalks and pathways.

"What's the lighting going to be like on the pathway? What are the sightlines going to be? Is it going to be isolated in parts?" asked McKenney. "We haven't seen any of that."

TREVOR GREENWAY/METRO



Catherine McKenney worries that the 2,500 buses being diverted onto Albert Street every day will make it dangerous for neighbourhood kids. A long-promised safety audit of the detour plan was due for release in mid-March, residents say, but not even the city councillor for the area has seen it. TREVOR GREENWAY/METRO

Council members frustrated by RTG's 'silence'



Members of the public participate in a community meeting in 2013 about a westward expansion of the city's LRT plans. ALEX BOUTILIER/METRO

Two Ottawa politicians are calling for more details on the "incomplete" light-rail-transit construction plan.

First it was Alta Vista Coun. Peter Hume who said the Rideau Transit Group — which is building the \$2.1-billion stretch of railway — has altered its route alignment over the past year. But when he asked for an updated traffic-management plan, he was met with "silence."

"People are tolerant, but we deserve to give them at least proper notification about

what's happening in their neighbourhood and, unfortunately, there's notification, but the information is incomplete," he said. "It leads to more questions and when those questions can't get answered, it leads to incredible frustration on behalf of the residents."

Mayor Jim Watson echoed Hume's comments following a council meeting on Wednesday.

"There's going to be a lot of disruptions and that's why we should do a better job of communicating with residents with

as much information in a timely fashion as possible," he said.

"There are going to have to be some inconveniences. I want to be upfront with people and not sugarcoat it."

There will be off-peak lane reductions on Highway 417 and 174 until April 27. Belfast Road will be closed from Coventry Road to Trainyards Drive from mid-May until spring 2016. There will also be a public consultation on the project on May 1 at the Overbrook Community Centre at 6 p.m., but Hume said

there have not been adequate details dished out in advance.

"You want to give people the information so that they can come to the public meeting relatively informed," he said. "It's bad politics, it's bad government to say, 'Come to a public meeting so that we can surprise you.'"

At press time, Metro was unable to get a response to questions about Watson and Hume's concerns either from RTG or city communications staff. LUCY SCHOLEY/METRO



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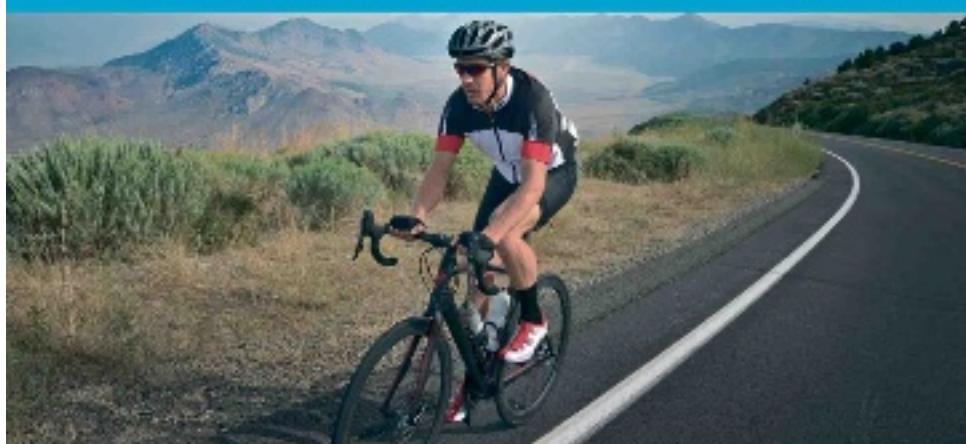
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Call for criminal probe of workplace fatality

Industrial accident.

Ottawa District Labour Council wants cops to investigate the death of a 45-year-old worker

The head of the Ottawa District Labour Council is calling on Ottawa police to investigate Monday's workplace

fatality at the Bank of Canada site, but the police force says it is already probing the incident.

On Monday, police said a 45-year-old worker was pronounced dead in hospital after an industrial accident at the construction site at the intersection of Bank and Sparks Streets. PCL Construction said in a statement later that day the worker was a subcontractor

or from Priestly Demolition.

The Ontario Ministry of Labour has the lead on the investigation into Monday's incident, with assistance from Ottawa police.

ODLC issued a press release Tuesday calling for a criminal investigation, citing a provision in the Criminal Code which can hold corporations liable for workplace accidents.

"There's no such thing as

a mishap. Somebody screwed up," said ODLC president Sean McKenney in an interview Wednesday.

Although Monday's incident is subject to a Ministry investigation, police say their work is not finished.

"We were involved at the get-go with this and the investigation is still ongoing," said Staff Sgt. Jim Pietrkiewicz.

JOE LOFARO/METRO



A police car sits outside a work site at the Bank of Canada, where a man had a fatal industrial accident on Monday. STEVE COLLINS/FOR METRO

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Bus-train tragedy

VIA Rail to brief city on rail-signal malfunctions

Via Rail officials will be at City Hall on Friday to answer questions about malfunctioning railway crossing signals in Barrhaven including near Fallowfield Station.

The Fallowfield Station is near the site of the OC Transpo bus-train collision on Sept. 18, 2013, that killed six people. There have been reports of signal glitches, including flashing lights and lowered gates when there's no oncoming train. LUCY SCHOLEY/METRO

500 officers in raid

Quebec cops crack down on pot producers

Various police forces in Quebec arrested more than 20 people today in a crackdown on cannabis producers in different regions of the province.

More than 500 officers raided mostly private residences in Quebec City, central Quebec, and around Montreal, the Outaouais region near Ottawa and in the Lac-Saint-Jean area north of Quebec City.

Other arrests are expected.
THE CANADIAN PRESS

Transit. Senator set to propose tougher penalties on bus driver assaults

There may soon be tougher penalties for those who commit acts of violence against public transit drivers, if a Senator's proposed law comes to pass.

Sen. Bob Runciman is introducing a new bill to amend the Criminal Code and add stiffer sentences for people who abuse public transit operators. Details will be rolled out on Thursday.

"The bottom line is that we want to end violence against transit operators," said Coun. Diane Deans, chair of the transit commission, who's backing Sen. Runciman.

There are already two similar private members' bills on the issue — one introduced by NDP MP Peter Julian and another by Liberal MP Ralph Goodale — that have been tied up in Parliament.

But Deans said she's confident this new bill will pass because it has the support of a Conservative senator.

She was tight-lipped about its details, but hinted that taxi drivers would be included in

the legislation.

Mayor Jim Watson said council has previously supported Julian and Goodale's private members' bills and said this new law is "sensible."

"We've seen a number of incidents, both locally and nationally, of when drivers have been assaulted," he said. "And I think we need stiffer penalties to act as a deterrent."

Last week, 51-year-old Patrick Guitard was sentenced to six months in prison for shoving an OC Transpo bus driver and causing him to swerve onto oncoming traffic.

That sentence was a slap on the wrist, said Craig Watson, president of the Amalgamated Transit Union. He said a special provision in the Criminal Code for violence against transit drivers could fix that.

According to the City of Ottawa, there have been 13 reported incidents of assault on OC Transpo bus drivers this year. Last year, there was a total of 72 reported incidents.

LUCY SCHOLEY/METRO



An artist's rendering of the 35-acre Windmill development, which will span Ottawa, Gatineau and National Capital Commission lands. CONTRIBUTED

Mayor promises red carpet, not red tape for Windmill plan

Ottawa eco-community. It could be 'catalyst' for riverfront developments: Mayor

 **LUCY SCHOLEY**
lucy.scholey@metronews.ca

Ottawa Mayor Jim Watson said he will work to "roll out the red carpet, and not the red tape" for a planned billion-dollar sustainable, downtown, riverfront real estate development.

Windmill, an Ottawa developer, is planning a mixed-use community on the Domtar lands beside the

Chaudière Bridge. The combined 35-acre project spans both sides of the river and includes Gatineau, Ottawa and National Capital Commission lands.

That makes it a "very complicated piece of land," noted Watson.

"There's so many hands in the pie," he said. "Certainly, the mayor of Gatineau and I have indicated that this is one of the areas that we think we can work very closely together, to make sure that we're not the obstacles to getting this project moving forward."

The Windmill development will include a mix of residential, retail and commercial space. The current early-1900s era industrial buildings will be re-purposed,

with more modern buildings popping up. Parks and a view of the falls will give the community a tourist boost.

On Tuesday, the company submitted requests to have the land zoned from industrial to mixed-use. They are hoping to break ground next spring.

Watson said he hopes this project will act as a "catalyst" for other creative riverfront developments, but cautioned against the development of its "every square inch."

"I think the very fact that we have a natural riverfront is a good thing," he said.

He said he would not support any municipal funding either, as the Windmill development is a private venture.

Put away those skates and sip suds at Drink of Dreams

Now that the Rink of Dreams is shut down for winter, it's time to crack a few beers outdoors at the Drink of Dreams.

That's the theme of this year's first Ottawa Brewery Market, which starts up again on Saturday.

The family-friendly, suds-sipping affair has moved from Parkdale Park to the more spacious Hintonburg Park. But 12-ounce drafts and

food will still be served up.

The idea is that it's more like a farmer's market, but with beer, explained organizer Taralyn Carver.

"We really just try to create a relaxed atmosphere," she said. "You can bring a lawn chair, you can bring a Frisbee and, really, it's just chill. Get your full glass of beer, bring the kids, hang out."

The play on the name of

the City Hall skating rink is unique to Saturday's Brewery Market and it's just for fun, she said. Each of the four events will have a theme and different vendors.

Big Rig Brewery, Clocktower Brew Pub, Kichesippi and newbie Covered Bridge Brewing will be at Saturday's event, while Stone Soup Foodworks will dish out food along with Clocktower.

LUCY SCHOLEY/METRO

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Labour. McDonald's puts hold on foreign workers

McDonald's Canada is putting its temporary foreign workers program on hold while a third party conducts an audit on its use of the plan.

Stung by recent criticism of its use of foreign workers, the restaurant chain's vice-president of human resources Len Jillard said Wednesday the firm needs to pause the plan to prove to Canadians it is abusing neither the program, nor its workers.

Jillard said McDonald's has already informed the federal government about its plans.

"The reason why we're doing that is we want to communicate to everyone we're taking this very seriously," Jillard said. "We're taking a pause. We're making sure that we've got everything in order, which I'm convinced we have."

THE CANADIAN PRESS

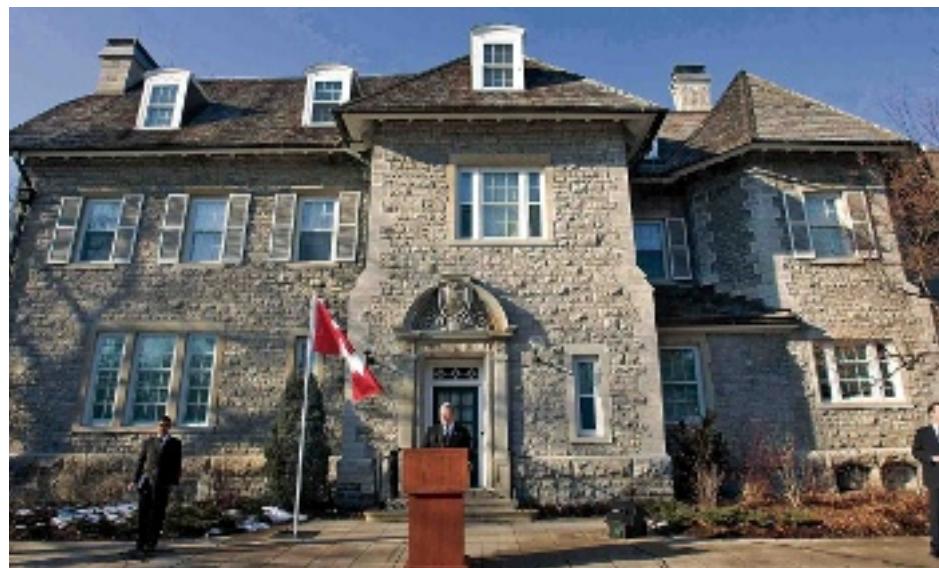
Paramedics treated drunk teen at Harper home: Reports

'Not a police matter.'
Ambulance sent to 24 Sussex Dr. on night PM's son was believed to be celebrating 18th birthday

The RCMP is confirming that paramedics were called to Prime Minister Stephen Harper's residence early Sunday morning amid media reports that an 18-year-old woman was severely intoxicated.

In a statement, RCMP spokesperson Cpl. Lucy Shorey said an ambulance responded to 24 Sussex Dr. She did not describe the nature of the call, but said it did not involve Harper or his family.

"This was a medical call and not a police matter. It



Prime Minister Stephen Harper addresses media outside 24 Sussex Dr. in Ottawa in 2007. JONATHAN HAYWARD/THE CANADIAN PRESS

did not involve any of our protectees," Shorey said in a statement.

A Quebec radio station reported that the emergency call involved an intoxicated 18-year-old woman, who was taken to hospital.

J.P. Trottier, a spokes-

person for the Ottawa Paramedic Service, confirmed that paramedics took a patient to hospital, but said he could not provide details about the gender, age or condition because of patient confidentiality.

"Because of the potential identification of the patient, we can't talk about it," he said in an interview.

It's believed that Harper's son Ben celebrated his 18th birthday on Saturday. Harper and wife Laureen also have a daughter, Rachel, who is three years younger.

Jason MacDonald, Harper's director of communications, declined to comment on the report and would not say whether Harper or his wife were home at the time of the incident.

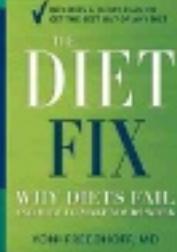
The legal drinking age in Ontario is 19.

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NYPD's Twitter PR move prompts brutal backlash

The largest police department in the U.S. learned the hard way that there are legions online devoted to short-circuiting public relations campaigns — in this case, the NYPD's Twitter invitation to people to post feel-good photos of themselves posing with New York's Finest.

What #myNYPD got instead was a montage of hundreds of news images of baton-wielding cops arresting protesters, pulling suspects by the hair, unleashing pepper spray and taking down a bloodied 84-year-old man for jaywalking.

It was a mistake of epic proportions, with the hashtag among the most-trafficked in the world Tuesday, creating a public relations nightmare for a new NYPD leadership intent on creating a more community friendly force.

The #myNYPD misfire comes at a time when new Police Commissioner William Bratton is trying to rebrand the department to counter criticism that it has been trampling on people's civil rights. Last week, it disbanded an intelligence unit that spied on Muslim neighbourhoods, and it has promised reforms to the



This photo of a police lieutenant swinging his baton at protesters in 2012 is among many put on Twitter in response to an NYPD request for users to share pictures of themselves posing with police officers. MARY ALTAFFER/THE ASSOCIATED PRESS FILE

crime-fighting tactic known as stop and frisk.

Bratton acknowledged Wednesday that the Twitter campaign may not have been fully thought through.

"Was that particular reaction from the some of the police adversaries anticipated? To be quite frank, it was not," Bratton said.

"But at the same time it's not going to cause us to change

any of our efforts to be very active on social media ... It is what it is. It's an open, transparent world."

The #myNYPD traffic was holding steady on Wednesday, but the dialogue had shifted from mockery of the NYPD to an analysis of what went wrong, including the tweet "Social Media 101: Be careful what you ask for."

THE ASSOCIATED PRESS

Rebels claim Syrian forces used chlorine gas



Children are seen receiving oxygen in Kfar Zeita, a rebel-held village in Hama province north of Damascus. SHAAM NEWS NETWORK/THE ASSOCIATED PRESS

Proof? Activists have posted videos online depicting pale-faced people coughing and gasping for breath

Syrian government forces have attacked rebel-held areas with poisonous chlorine gas in recent weeks and months, leaving men, women and children coughing, choking and gasping for breath, according to Associated Press interviews with more than a dozen activists, medics and residents on the opposition side.

Syria flatly denied the allegations, which have not been confirmed by any foreign country or international organization.

Witnesses near Damascus and in a central rebel-held village told the Associated Press of dozens of cases of choking, fainting and other afflictions from inhaling fumes that some said were yellowish and smelled like chlorine cleanser. Some of those interviewed said they believe the gas was responsible for at least two deaths.

They said the fumes came from hand grenades and helicopter-dropped "barrel bombs," which are crude containers packed with explosives and shrapnel.

Activists have posted videos similar, though on a far smaller scale, to those from last August's chemical weapons attack near Damascus that killed

hundreds of people and nearly triggered U.S. airstrikes against Syria. The new footage depicts pale-faced men, women and children coughing and gasping at field hospitals.

It's an accusation that carries high stakes, and the Syrian opposition has an interest in pushing such claims in hopes of spurring the world to take stern action against Assad, who faces a Sunday deadline for handing over all his chemical weapons for destruction.

Chlorine has a multitude of ordinary civilian uses, including laundry bleach and swimming-pool disinfectant. But in high concentrations, it can attack the lungs and asphyxiate victims.

Syria's use of chlorine-filled bombs, if confirmed, would be a violation of the chemical weapons treaty that Assad's government signed last year as part of a deal to hand over its stockpile.

On Wednesday, Syria's U.N. Ambassador Bashar Ja'afari said his government categorically denied the use of chlorine gas. Ja'afari further disputed that chlorine gas could be categorized as a chemical weapon, saying "it is a mundane substance used for bleaching clothes in the laundry or disinfecting swimming pools."

On Sunday, French President Francois Hollande told Europe 1 radio station there were "elements" suggesting recent use of chemical weapons, but no proof.

THE ASSOCIATED PRESS

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Athlete speaks out about friend's suicide

Allegations. Friend of woman who ended her life while on a swimming scholarship in Missouri discusses sexual assault and college athletic culture

 **JESSICA SMITH CROSS**
Metro in Toronto

Rolandis Woodland was a wide receiver at the University of Missouri when his close friend, Canadian swimmer Sasha Menu Courcy, was allegedly raped by one or more football players and later took her own life.

Reached by phone in Missouri last week, after an independent investigation into his school's handling of Menu Courcy's case, Woodland had some insights on why there are so many headlines about college athletes accused of sexual assaults.

"With some athletic programs, sometimes you're taught to just like, if there's a problem, you need anything you go to the coach. You don't go to the police or anything, you go to the coach," said Woodland, a recent grad.

Part of the problem, he said, is putting athletes on a pedestal.

"When you go around ... thinking you can do no wrong — if there's trouble your coach is going to get you out of it, nobody can touch you — then you're going to feel like you can do whatever you want," he said.

Menu Courcy, from Toronto, went to the University of Missouri on a swimming scholarship in 2009. She struggled with borderline personality disorder and ended her life in June 2011.

Menu Courcy left a diary and records of an online chat with a rape crisis counsellor that recounted what happened in February of her freshman year. She had gone home from a bar with



Rolandis Woodland, seen playing for the Missouri Tigers in 2010, spoke about university athletic culture in response to the alleged rape and suicide of his friend Sasha Menu Courcy, seen in inset. GETTY IMAGES FILE; INSET: THE ASSOCIATED PRESS FILE

a football player and had consensual sex. Afterwards, other players came into the room and one or more raped her as she tried to call for help.

This month, after an independent investigation into the university's handling of the allegations, offi-

cials vowed to change how the institution responds, making sure employees know their obligation to report sexual assaults to law enforcement. The investigation couldn't determine if any non-medical personnel knew of the sexual assault and failed to report it before

she died. However, it said school officials who learned about the sexual assault in a 2012 newspaper report had an obligation to report it to police, but did not.

The Columbia, Mo., police department began their investigation in January, almost four years after the in-

Contact info

For information about Sashbear and the second annual Boarderline Walk for The Sashbear Foundation, go to sashbear.org.

cient. There have been no arrests. A spokesperson told Metro there are no updates.

For Woodland and Menu Courcy's parents, who live in Toronto, the handling of the sexual assault case was only half of the story. They have concerns about how the school supported her mental health needs. "She was always honest, she told them she had the problems — she had mental problems and she had suicidal thoughts and they were just like, oh, red flag, I think we don't really need her anymore," said Woodland. Menu Courcy's parents, Lynn Courcy and Mike Menu, now run an organization, Sashbear, that promotes awareness of mental health issues.

Jailed U.S. soldier

WikiLeaker Bradley becomes Chelsea Elizabeth

A Kansas judge granted a request Wednesday to formally change the name of the soldier convicted of leaking classified documents to WikiLeaks from Bradley Edward Manning to Chelsea Elizabeth Manning. The former intelligence analyst is serving a 35-year prison sentence for passing classified U.S. government information to the anti-secrecy website.

"Hopefully today's name change ... can raise awareness of the fact that we (transgender) people exist everywhere in America," Manning said.

Scientists first detected a rift in the glacier in October 2011 during flights for Nasa's Operation IceBridge, Earth Observatory reported. By 2013 the crack had cut completely across the ice shelf. **THE ASSOCIATED PRESS**

B-31. Gigantic iceberg seen as more interesting than threatening

Scientists are watching an iceberg bigger than the island of Guam as it slowly moves away from an Antarctic glacier.

NASA scientist Kelly Brunt said it is more a wonder than a worry and is not a threat to shipping or sea level rise.

Brunt said the iceberg, named B-31, is about 660 million square kilometres, roughly six times the area of Manhattan, and as much as 487 metres thick.

It broke off from the critical Pine Island Glacier

last fall and researchers have been watching it move away ever since.

She said it is completely natural for icebergs to split off from glaciers in Antarctica, but this calving does shrink the Pine Island Glacier beyond its 30-year normal.

Scientists first detected a rift in the glacier in October 2011 during flights for Nasa's Operation IceBridge, Earth Observatory reported. By 2013 the crack had cut completely across the ice shelf. **THE ASSOCIATED PRESS**



These NASA images from 2013, left, and 2014 photos show B-31. NASA/AP

Ruling by top court

Victims of porn

The U.S. Supreme Court has rejected a plea to make it easier for victims of child porn to collect money from people who view their images online. The judges said a law already gives victims the right to restitution, within limits. **THE ASSOCIATED PRESS**

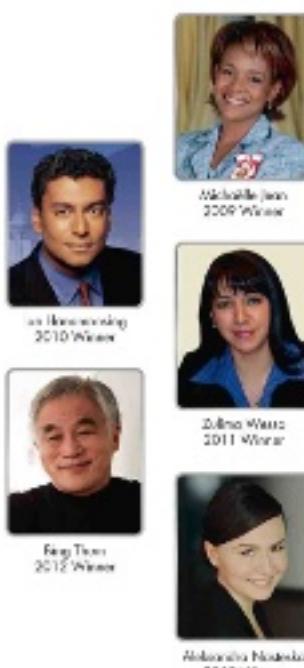
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Justin Bieber. Pop star draws heavy criticism from Chinese officials

Justin Bieber apologized Wednesday to those he offended by visiting the Yasukuni Shrine, a Japanese war shrine, saying he thought it was a beautiful site and "only a place of prayer."

China and South Korea see Yasukuni as a symbol of Japan's past militarism.

Images posted on Bieber's

Instagram account were met with outrage from Chinese officials and commenters.

"I hope this Canadian singer ... can have some knowledge of the Japanese militaristic history of external aggression," said Chinese Foreign Ministry spokesman Qin Gang.

THE ASSOCIATED PRESS

'Bionic eye'

Man regains some sight with tech eye

A degenerative eye disease slowly robbed Roger Pontz of his vision. Diagnosed with retinitis pigmentosa as a teenager, Pontz has been almost completely blind for years.

Now, thanks to a procedure that involved the surgical implantation of a "bionic eye," he's regained

enough of his eyesight to catch small glimpses of his wife, grandson and cat.

"It's awesome. It's exciting — seeing something new every day," Pontz said.

The 55-year-old former competitive weightlifter and factory worker is one of four people in the U.S. to receive an artificial retina since the Food and Drug Administration signed off on its use last year.

THE ASSOCIATED PRESS



Searchers and divers look for people believed to have been trapped in the sunken ferry Sewol.

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Recovery face more

Sewol. The South Korean government faces the sensitive decision of when to begin salvaging the submerged vessel

As the 156th body was pulled from waters where the ferry Sewol sank a week ago, relatives of the nearly 150 still missing pressed the government Wednesday to finish the grim task of recovery soon. But the work was reaching a new, more complicated phase, with an official saying divers must now rip through cabin walls to retrieve more victims.

Looming in the background is a sensitive issue: When to bring in the cranes and begin the salvage effort by cutting up and raising the submerged vessel. The government has warned that the work might eliminate air pockets that could be sustaining survivors, but for some relatives that is a long-lost hope.

"Now we think we have to deal with this realistically," said Pyun Yong-gi, whose 17-year-old

daughter is among the missing.

"We don't want the bodies to decay further, so we want them to pull out the bodies as quickly as they can," Pyun said on Jindo island, where recovered bodies are taken for families to identify.

Koh Myung-seok, spokesman for the government-wide emergency task force, said the work is becoming more difficult, and divers must now break through cabin walls.

"The lounge is one big open space, so once in it we got our search done straight away. But in the case of the cabins, we will have to break down the walls in between because they are all compartments," he said.

The government has not said when it intends to begin the salvage effort, though it has said it will be considerate of families of the missing.

"Even if there is only one survivor," Koh said, "our government will do its best to rescue that person, and then we will salvage the ferry."

For some relatives of the missing, speed in recovering the dead is becoming more important than shrinking hopes that their loved ones might still be alive.



Ferry in the water off the southern coast near Jindo, South Korea. YONHAP/THE ASSOCIATED PRESS

efforts problems

"I've seen the bodies and they are starting to smell. It inflicts a new wound for the parents to see the bodies decomposed," Pyun said.

He and other relatives have set a deadline of Thursday for the government to recover all the bodies, though he concedes they have no way to enforce it.

The victims of the April 16 disaster are overwhelmingly students of a single high school in Ansan, near Seoul. Twenty-two of the 29 members of the ferry's crew survived, and 11, including Capt. Lee Joon-seok, have been arrested or detained in connection with the investigation. Two of the crew were arrested Wednesday, senior prosecutor Ahn Sang-don said.

Ahn said an analysis of photos and video on the ship before its sinking showed the captain and other arrested crew members didn't rescue passengers, though it was their duty.

The captain initially told passengers to stay in their cabins, and waited about half an hour to issue an evacuation order. He has said he waited because the current was strong, the water was cold and passengers could have drifted away. But maritime experts said he could have

ordered passengers to the deck — where they would have had a greater chance of survival — without telling them to abandon ship.

It was not the crew but a passenger who first alerted authorities that the boat was in distress, the coast guard confirmed Wednesday.

An emergency call was made 8:52 a.m. last Wednesday to the Jeonnam 119 fire department, which transferred the call to the Mokpo coast guard office, the coast guard said in an emailed statement.

The cause of the disaster is not yet known. Ahn said investigators are considering factors including wind, ocean currents, and the fact that it turned just before it began listing.

Professor Kim Woo-Sook of Mokpo National Maritime University said he spoke to Park Han-geol, a former student, at Mokpo detention facility. He says she told him she ordered a helmsman to make just a 5-degree turn, but the steering gear turned too far and the helmsman could not turn it back.

Kim said he suspects a problem with the steering gear caused the sinking.

THE ASSOCIATED PRESS

Kidnappers to face charges

As the kidnappers pulled into an upscale golf course community, they thought they were about to abduct an assistant district attorney who sent a high-ranking gang member to prison for life, authorities said.

But they had the wrong address and when the prosecutor's father answered the door, they took him instead.

For five days, authorities said the kidnappers held Frank

Janssen, 63, captive in an Atlanta apartment, tormenting his family by sending text messages threatening to cut him into pieces if police were called or their demands weren't met.

On Tuesday, an indictment charged nine people in Janssen's abduction, including 49-year-old Bloods gang member Kelvin Melton, who authorities said was calling the shots from his prison cell in North

Carolina.

Janssen's daughter, Wake Forest assistant district attorney Colleen Janssen, prosecuted Melton in 2012 for his role in a shooting.

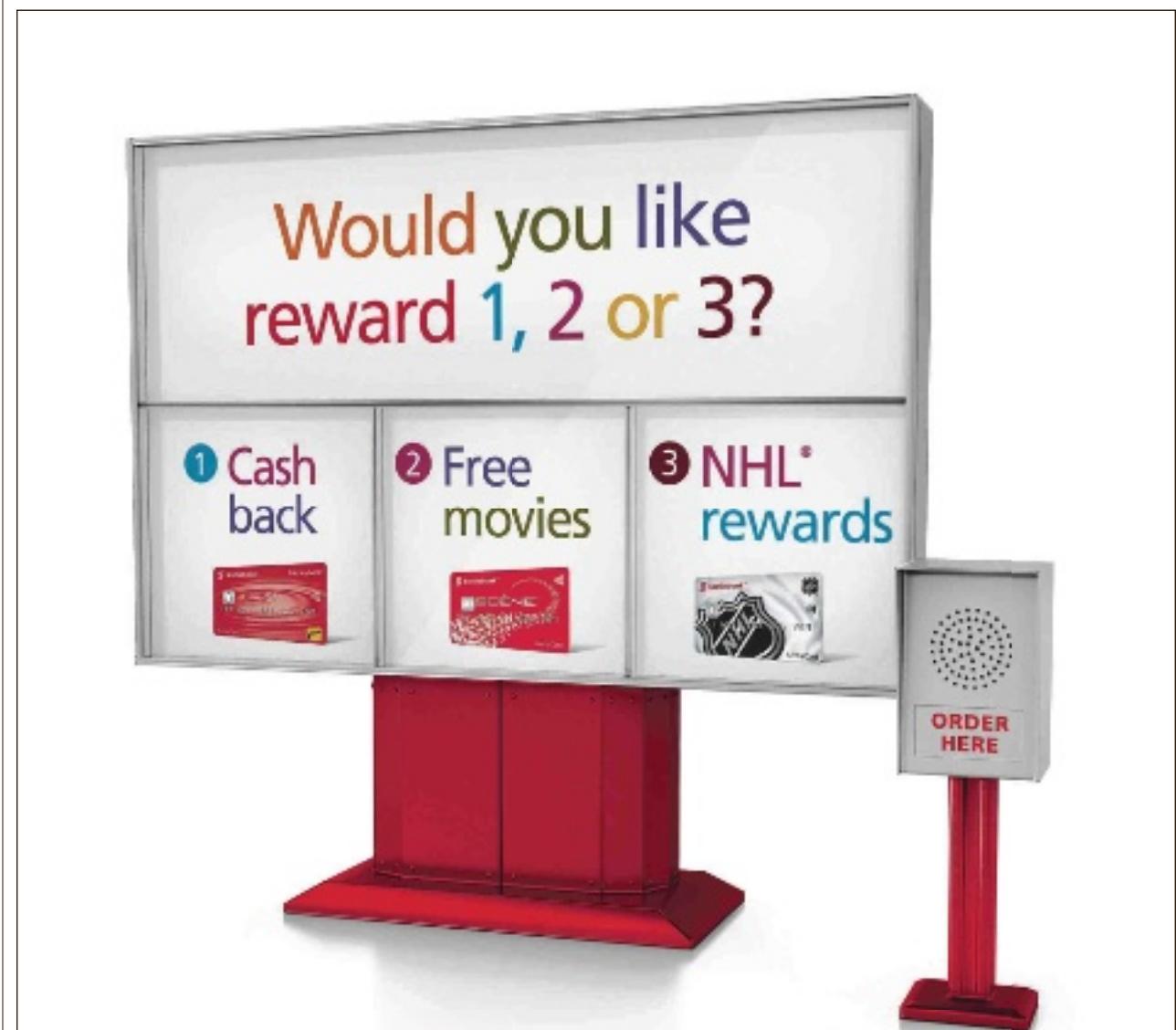
Court records show Melton has a long record of felony convictions in New York. He pleaded guilty to manslaughter and robbery in 1998 and served more than 13 years in New York prisons before being released

in August 2011. His conviction in North Carolina sent him to prison for life.

In late March or early April, Melton told a team to "kidnap the ADA," who was identified in the indictment as a "Wake County Assistant District Attorney."

Melton and other defendants face a federal conspiracy charge related to the abduction.

THE ASSOCIATED PRESS



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We're No. 1 in job growth! Well, Canada is actually more like No. 5, says OECD

Finance Minister Joe Oliver and his predecessor have been fond of trumpeting Canada's economic and job creation performance since the recession, claiming it is unequalled among the Group of Seven large industrialized nations.

The minister made the boast again this week in a speech to employers in Halifax, noting that "our government has created over one million net new jobs ... the strongest job growth over the recovery among G7 countries."

But a recent report from the Paris-based OECD suggests that Canada's employment re-

cord is not near the best.

According to 34-nation Organization for Economic Co-operation and Development, Canada would place fifth during the recovery period according to the percentage of the working-age population that held a job at the end of 2013, compared to the situation prior to the 2008-09 recession.

Economists view the employment rate as a good barometer of overall strength in labour markets because it reflects the portion of people in any given population that has jobs.

THE CANADIAN PRESS

Cookapp. Serving up a new take on the old chef-diner relationship recipe

If the latest development in culinary social media catches on, the trendiest restaurants may no longer be restaurants.

A growing number of apps and websites are taking the traditional chef-diner relationship out of established eateries. Cookapp is just the latest to launch in the U.S., connecting adventurous diners with independent chefs — and even

just ambitious amateur cooks — willing to host dinners at their homes and other offbeat locations.

Like its peers EatWith and Feasty, Cookapp is taking a bite of the "shared economy," where peer-to-peer businesses are disrupting established industries and giving headaches to municipal regulators and tax collectors. THE ASSOCIATED PRESS

Market Minute

DOLLAR
90.65¢
(-0.03¢)

TSX
14,533.39 (-22.58)

OIL
\$101.44 US (-\$0.31)

GOLD
\$1,284.60 (+\$3.50)

Natural gas: \$4.73 US (-\$0.02)
Dow Jones: 16,501.65 (-12.72)



A new view for you

Google maps.

Travel back in time, with Street View's latest feature

Trips down memory lane are now available on Google's digital maps.

The new twist on time travel is debuting Wednesday as part of the Street View feature in Google's maps, a navigational tool that attracts more than one billion visitors each month. Street View snapshots will now include an option to see what neighbourhoods and landmarks looked like at different periods in the last seven years, as Google Inc. has been dispatching camera-toting cars to take street-level pictures for its maps.

Even though the photos only date back to 2007, some of them illustrate dramatic changes. THE ASSOCIATED PRESS



This illustration provided by Google shows what the Howard Theater in Washington looked like in July 2009, left, and after renovation in May 2012, right. GOOGLE/THE ASSOCIATED PRESS

Ronald McDonald gets a makeover

Ronald McDonald has a new look, and he's ready for a selfie.

McDonald's said Wednesday its famous spokesclown will take an active role on social media for the first time, using the hashtag #ronaldmcdonald. The move marks a turnaround from recent years, when the red-haired mascot faded to the background as McDonald's came under criticism for using him to market to children.

But the world's biggest hamburger chain seems ready to give its clown a higher-profile role as it

works to boost weak sales.

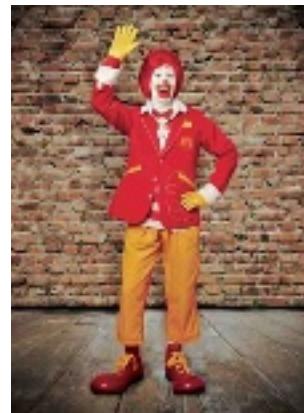
The company says Ronald McDonald won't have his own Twitter handle, but that it will post photos and videos of him on its existing social media accounts. The clown, known for his painted-on smile and baggy yellow jumper, will also appear in TV ads later this year wearing new clothes, including cargo pants and a vest. Other photos of him posted by McDonald's on Wednesday showed him wearing a red sports coat over the cropped pants.

"His iconic big red shoes

will remain the same," McDonald's said in a statement. "Selfies ... here I come! It's a big world and now, wherever I go and whatever I do ... I'm ready to show how fun can make great things happen," McDonald's quoted the fictional clown as saying.

Ronald's promotion comes as McDonald's looks to reset its business. The company is hoping to fix slowness and inaccuracies in orders and is emphasizing its most popular items in marketing, including the Big Mac and french fries.

THE ASSOCIATED PRESS



McDonald's longtime mascot has a new look. THE ASSOCIATED PRESS

A thumbs-up

Facebook's Q1 revenues soar

Facebook's first-quarter earnings and revenue grew sharply, surpassing Wall Street's expectations thanks to an 82 per cent increase in advertising revenue.

The social network said it earned \$642 million US, or 25 cents per share, in the January-March quarter, up from \$219 million, or nine cents per share, in the same period a year ago. Adjusted earnings were \$885 million or 34 cents per share.

THE ASSOCIATED PRESS

Lac-Mégantic tragedy

Canada to phase out old rail tankers by 2017

Canada will require a three-year phase-out or retrofit of the type of rail tankers involved in last summer's massive explosion of an oil train that incinerated much of a Quebec town and killed 47 people, Canada's transport minister announced Wednesday.

Last July, a runaway oil train derailed in Lac-Mégantic, Que.

THE ASSOCIATED PRESS

'A fishing expedition'

Airbnb fights N.Y.C. over bid to identify hosts of rentals

Airbnb has urged a New York judge to reject a subpoena for information about those using the global website to offer apartment rentals in New York City, its attorney calling that "a fishing expedition."

The subpoena is "overbroad" and certain to snare information about people who haven't broken any laws, an attorney said.

THE ASSOCIATED PRESS

E-commerce

Home Hardware stores to get FedEx mini-hubs

As more Canadians turn to online shopping, courier operator FedEx hopes an agreement to open shipping centres at Home Hardware Stores Ltd. will help it grab a larger piece of the growing e-commerce market.

Federal Express Canada Ltd. said the centres will offer more "points of access" for customers to drop off and pick up parcels.

THE CANADIAN PRESS

WE'RE ANGRY TAXPAYERS, SORT OF

If I didn't know any better, I'd say The Angry Taxpayer is a myth.

Indirect evidence tells me they exist. They are the power source for AM radio, the fertile soil of Ford Nation, the engine that keeps the Internet's comments sections humming.

But if I've met more than one or two Angry Taxpayers during my entire life then they've hid it well.

There's that one guy who holds court in every greasy spoon I've ever eaten in, but I think he might be the same guy doing a nationwide tour.

It's called "I'll Tell Ya One Thing" and it owes some of its sense of variation to Nickelback. I'm not suggesting there's a human being alive who likes paying taxes.

But people who "hate" their taxes hate them in the same way they hate doing laundry or taking off a Band-



HE SAYS
John Mazerolle

metronews.ca

Aid. It's a chore worthy of sighs, not an abomination worthy of a Hulk Smash.

Yet I've always accepted that the public is like the bearded guy in 300, screaming, "WE ARE TAXPAYERS!!!" before kicking a public servant into a bottomless hole representing the deficit.

Only deciding to write a column about tax time made me think about it long enough to realize that just about everybody I know would've told the guy standing near the hole that he should be careful and then lobbied their city council for a guardrail or a sign that says WARNING: HOLE.

Frankly, I've heard more outrage from friends and co-workers about disappointing episodes of The Walking Dead than I have about Canadian taxes.

Even when there's a spending scandal, it's mostly partisan reflex — outrage if your personal bad guys are in of-

fice, an acceptable slip-up if you think the good guys are in charge. I've given this some thought as I prepare my own taxes — glumly, not angrily.

Why do we accept our taxes more passively than the stereotypes imply? Is it because most of us have had some ailment covered by universal health care, and have thus decided that lower take-home pay is worth the joy of knowing, for instance, that the neighbour you despise helped pay for your mole removal?

Is it that we realize even the worst scandal imaginable (e.g., a fake lake built for Rob Ford late-night parties in the middle of the Senate) only costs us about five cents a day?

Is it that we know if we actually had the money we'd waste it on lottery tickets and the new Johnny Depp film?

Or is it just that I live a blinkered existence and am oblivious to the seething rage of the Common Man?

I know it might be the last one, so I've been talking to people to get a sense of their rage.

Apparently the finale episode of How I Met Your Mother was really bad. Won't someone think of the children?

ZOOM

It's a scene of terror



KAREN LUNNEY/SOLENT NEWS

Wildebeest take on gruelling trek

Thrashing wildly in the water, thousands of wildebeest battle against each other to cross a powerful river. The scene of sheer panic among the animals in Kenya's Mara River — just north of the border with Tanzania — is part of the largest animal movement in the 21st century, popularly known as the Great Migration.

The herd's panic is depicted in the eyes of the wildebeest. The photographer likens the stare of this animal to Dante's Inferno in epic poem The Divine Comedy. **METRO**

Behind the lens

- Captured by:** Karen Lunney, from Brisbane, Australia.
- Accompanied with:** Her husband and guide, who spotted a vantage point for the sight.
- Quoted:** "Perhaps very foolhardy, we grabbed cameras and made our way by foot through the bush to the river's edge. We watched as wildebeest reached our side of the river but struggled to find an easy way up to freedom."

Number of travellers

1.5M

wildebeest — accompanied by 300,000 zebra — make their long trek from Tanzania's Serengeti Plains, further north to Kenya's Masai Mara National Reserve. The herds of animals make the yearly, 2,900-kilometre journey in a desperate search for food and water. Some 250,000 wildebeest perish every year while taking on the arduous African odyssey.

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MetroTube

Robot army amazes

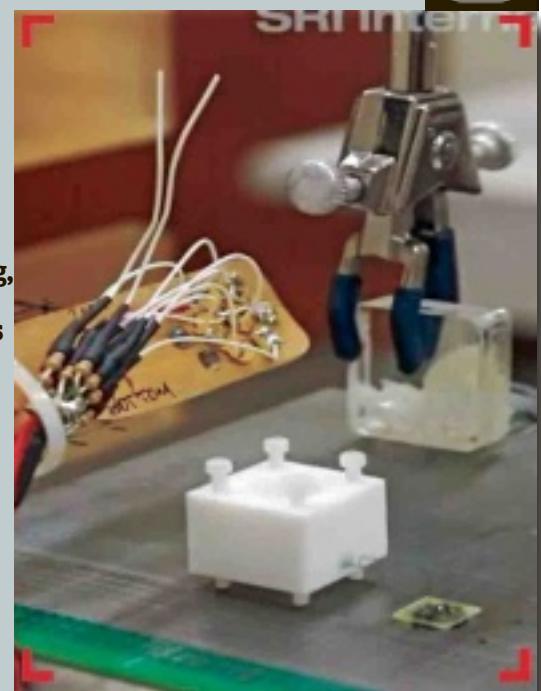


ANDREW FIFIELD
metronews.ca

Every now and again, a nifty technology company unveils a demo video of a robot snake or a robot cheetah or some such thing, and they're all very cool. But then the initial dazzlement fades and you're left with the vision of being chased through backyards and alleys by herds of them.

Same goes for these critters from SRI International. The near limitless possibilities of a tiny, highly co-ordinated workforce capable of small scale manufacture is amazing. But then comes the realization that this is more or less a robot ant army. What could go wrong?

(Via SRI International on YouTube)



SCREENGRAB

Nine generations of adventure get kickstart

Catherine Brunelle.

Local blogger and author pens first piece of fiction while experiencing a real-life twist



BACKSTAGE
PASS
Jen Traplin
ottawa@metronews.ca

Hoping to start a family but nervous to do so, Catherine Brunelle started writing a book a few years ago as a way to explore and understand the emotions that come along with being pregnant and having kids.

The process, she says, did help and the result is her first novel, *The Adventures of Claire Neverending*.

"The book is about nine generations of women who share the same middle name — Claire — and it made me think about, if my mother and her mother and her mother all got through that experience of birth and having a family, then I could do it. It gave me strength in that way," Brunelle says.

Halfway through writing the book, though, everything changed when she was diagnosed with breast cancer.

"My family plans had been put on hold indefinitely, but I kept writing because, by the time it happened, I felt a real connection with the women in my story. It was more than just about pregnancy, it was about the stories and making a life for yourself and maybe

When and where

The book launch for *The Adventures of Claire Neverending* will be on May 2 from 7 to 9 p.m. at the Kavanagh Showroom (84-86 Beechwood Ave.); RSVP claireneverending@gmail.com.

that's why it's so important to me."

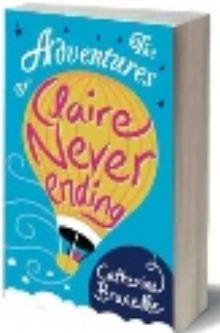
Brunelle published *The Adventures of Claire Neverending* herself with the help of an extremely successful Kickstarter campaign.

Her goal was to raise \$3,000. In just 24 hours, she met that goal and, in the month that followed, that number more than doubled. To date, she has received more than \$7,500.

Initially, the majority of the contributions came from people she knows but, as the campaign went on, Brunelle's heavy online and social media presence (she blogs and tweets under the name bumpyboobs) attracted even more interest and contributions.

"It was amazing — one of those moments that you don't forget," she says. "It was a show of support for the book, it was a show of support for me and I guess the idea of having big dreams beyond the diagnosis. It was empowering and it's been such a learning experience."

To learn more about Catherine Brunelle, visit catherinebrunelle.com and read her blog at bumpyboobs.wordpress.com.



Catherine Brunelle's first novel, *The Adventures of Claire Neverending*, was made possible thanks to a very successful Kickstarter campaign. CONTRIBUTED

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Hello crappy. Critics get catty about Avril's new vid

After being posted to YouTube Tuesday, Avril Lavigne's brightly coloured music video for the song Hello Kitty was broadly criticized as insipid and, in some cases, offensive. The video was briefly taken down amid the controversy, though it later resurfaced.

The video, still viewable on Lavigne's website as of Wednesday afternoon, features the Canuck pop-punk princess prancing about in front of four grimacing Asian dancers and squawking lyrics including: "Let's all slumber party/Like a fat kid on a pack of Smarties."

The Japan-shot video also finds the 29-year-old singing in a bedroom, a candy store and a sushi restaurant.

The song was perhaps meant as tribute to Japan, which remains one of Lavigne's strongest territories as her sales



Avril Lavigne's new video for the song Hello Kitty. YOUTUBE

lag elsewhere.

But the press has roundly condemned the video. Billboard called the clip an "embarrassment in any language" and mused on how the Hello Kitty video wound up "even more abhorrent than the song."

THE CANADIAN PRESS

HBO

Veep, Silicon Valley renewed for another season

HBO announced that its political comedy Veep — starring Julia Louis-Dreyfus — will return in spring 2015 for its fourth season. The premium cable network also said it has renewed Silicon Valley, its freshman comedy on the tech world created by Mike Judge.

The network opted to renew Veep in spite of its flagging ratings. Since its return to the air on April 6, the show has drawn less than a million viewers each week. Nonetheless, the comedy is a hit with critics, as indicated by its frequent award nominations. AFP

Crossbones



John Malkovich to star as Blackbeard on new NBC show

NBC has released the trailer for Crossbones, the new drama that will take viewers back to the 18th century Bahamas, a hotbed of pirate activity. Slated to premiere Friday, May 30, Crossbones will focus on Captain Edward Teach — better known as Blackbeard, the leader of a ragtag band of pirates, thieves and other outlaws — who is played by John Malkovich. AFP

Super Duper Alice Cooper. Doc shows how singer had to admit he was the addict — not his sinister alter ego

 RICHARD CROUSE
scene@metronews.ca

Alice Cooper's theatrical brand of rock 'n' roll has been horrifying audiences for five decades.

Onstage, the kohl-eyed singer of School's Out and No More Mister Nice Guy is the stuff of nightmares.

His grotesque Grand Guignol reputation was cemented when he was accused of biting the head off a chicken and drinking its blood during the Toronto Rock 'n' Roll Revival concert in September 1969.

A new movie, Super Duper Alice Cooper, details how Vincent Furnier, a preacher's son from Arizona, morphed into a baby-doll-butchered rock star who found fame under the name of a 17th century witch.

It also unveils the truth about the "poultry incident."

According to the film, it was during the climax of Cooper's wild set that a chicken somehow made its way onstage and Alice — thinking the bird could fly, threw it into the air — ex-

pecting it to soar into the sky. Instead it dropped like a stone into the audience who promptly tore it apart.

The next day newspapers reported a sensational version of the story, one that painted Cooper as a chicken-killing degenerate, giving the band their best publicity to date and Alice an idea.

"That was the moment I realized the audience really needed a villain," says Cooper.

"They wanted so much for Alice to be the guy who killed that chicken. Nobody else in rock 'n' roll would have done that except this really creepy guy up there.

It clicked in my head that I needed to make this Alice character a definitive Moriarty. When that happened, I saw what the audience

wanted. I knew I could develop this guy into something that is really going to be fun to play."

For the next 15 years he played Alice to the hilt, on stage and off. It wasn't until a stint in rehab made him reassess his priorities and understand that Alice the character didn't need to exist anywhere except on stage.

"If that grey area would have cleared up and I could have put Alice in his proper place," he says, "it would have been a lot easier."

"But like anything else, when you're a creative character, you always take the hard road. I didn't realize that Alice was not the problem. It was Dr. Frankenstein that was the problem, not the monster. Alice never drank on stage. Alice never

Quoted

"I didn't realize that Alice was not the problem. It was Dr. Frankenstein that was the problem, not the monster."

Alice Cooper on dealing with his demons

did drugs on stage. It was the creator of the monster that had the big problem."

These days, at age 66, Cooper is still going strong. He remains a wild man on stage with a new tour and album in the works.

"I still love the fact that people expect a show," he says, "and they get more than there were expecting every time."

Blame Frankenstein, not the monster



Super Duper Alice Cooper documents how a preacher's son named Vincent Furnier became a rock star. CONTRIBUTED

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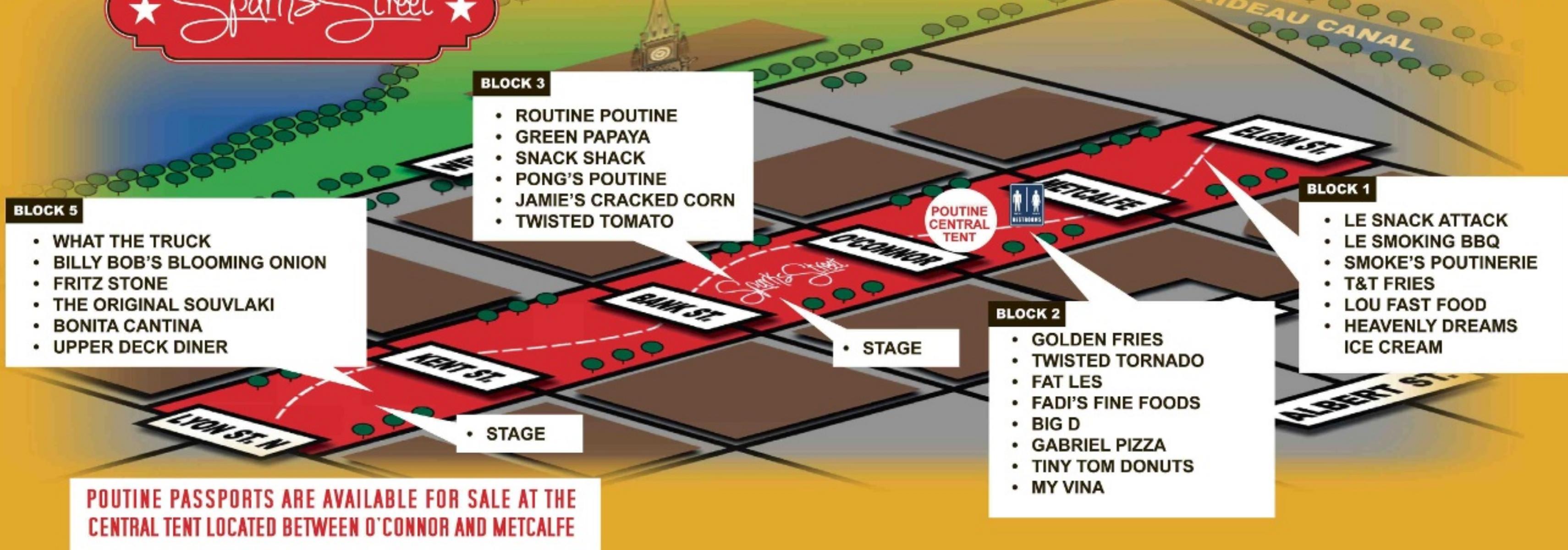
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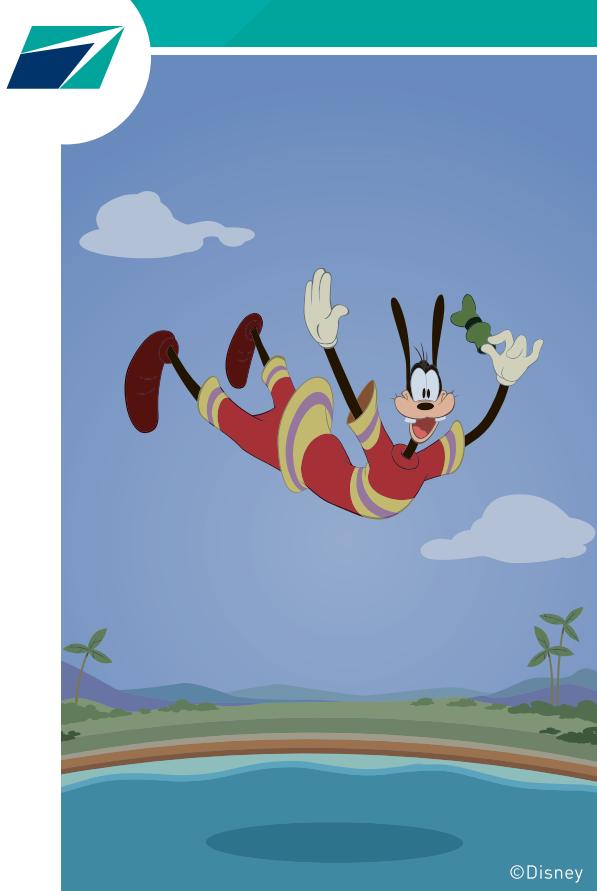


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SCENE

metronews.ca
Thursday, April 24, 2014

Amazon Prime deal with HBO offers up The Wire, Sopranos

Online content.

Team-up will make many classic series available to members of streaming service

Fans of classic HBO shows like The Sopranos and The Wire will soon have access to those series and more through Amazon Prime in the first online streaming deal signed by the cable network.

Starting on May 21, Amazon Prime members — who pay \$99 US a year for streaming entertainment, two-day shipping and other perks — will also have access to Six Feet Under, Big Love, as well as early seasons of Boardwalk Empire and True Blood. Past seasons of newer shows such as Girls, The Newsroom and Veep will also become available throughout the

multi-year deal, about three years after airing on HBO.

Original movies including Too Big to Fail and Game Change will also become available, as will original comedy specials from Lewis Black, Louis C.K., and Bill Maher.

There was no mention of Game of Thrones, one of the most pirated shows in history.

The exclusive HBO deal is a big win for Amazon, which is competing with Netflix and Hulu for streaming viewers as more people cut the cord on cable services. Time Warner, which owns HBO, has long seen Netflix as a threat to HBO and has steadfastly refused to license even its old shows to the company for streaming.

Amazon and HBO did not disclose the financial terms of the deal, nor its duration.

HBO Go, the network's streaming service that's cur-



Edie Falco and James Gandolfini appear in the hit HBO series *The Sopranos*, one of several shows that will be available through Amazon Prime. CRAIG BLANKENHORN/HBO

rently only available to subscribers, will also be offered on Amazon's new streaming device, Fire TV, likely by the end of the year. The \$99 de-

vice streams online video, music and other content to televisions, competing with the likes of Apple Inc. and Roku. **THE ASSOCIATED PRESS**

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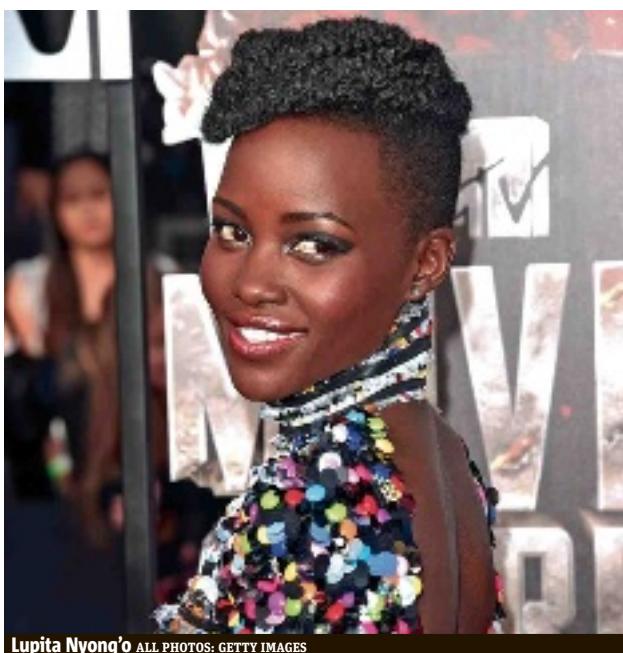


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Lupita Nyong'o ALL PHOTOS: GETTY IMAGES

Feast your eyes on the world's Most Beautiful human

Congratulations to Lupita Nyong'o, who has been officially named the Most Beautiful human on the face of planet Earth by People magazine. Nyong'o rocketed to fame in the role of Patsy in 12 Years a Slave, for which she won an Oscar. Growing up surrounded by Western images of attractiveness made it difficult to see herself as beautiful, she says. "Light skin and long, flowing, straight hair," she told People. "Subconsciously you start to appreciate those things more than what you possess." Nyong'o, who was

born in Mexico and grew up in Kenya, experimented extensively with her look as a teen, even shaving her head at one point. But now she craves simplicity: "I have been called beautiful with not one drop of makeup on," she says. "And also before I comb my hair or put on a pretty dress. Happiness is the most important thing."

This is the third time that People has named a black woman its Most Beautiful since beginning the tradition. Previous honourees include Halle Berry in 2003 and Beyoncé in 2012.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Maybe Laura and Tom would date... if they ever met...

MELINDA TAUB
Metro World News in New York

Laura Prepon is laughing off rumours that she's dating fellow Scientologist Tom Cruise. "I'm flattered because I think he's hot, so I'm like, 'Oh, that's nice.' And apparently he's very gentlemanly with me," the Orange is the New Black star joked with the Daily Beast during an interview.

"Apparently we get along great and he knows

that I have a favourite bottle of wine that I didn't even know I had." Prepon expressed her further disappointment with the tabloid reports during an interview with SheKnows.com, calling the story "false" for the record. "Where are they getting this stuff? It's unbelievable to me," she said.

"Apparently, I'm dating Tom Cruise right now and apparently, he doesn't want me doing (Orange is the New Black) because I portray a lesbian and I'm a Scientologist."

And how does she know for sure that she's not dating Cruise? Because Prepon has never formally met him, which is a tough obstacle to overcome in a relationship.

Twitter



@MarkRuffalo

Hello to all the people all over the world, and to the astronauts far out in space, and people in airplanes and boats!



@KellyOsbourne

I can't believe I started work at 2am today and don't feel like I hate my life! Maybe I'm a morning person after all or I just love working!



@rosemcgowan

My left eye has been twitching for 2 weeks now. Any remedies?



Lindsay Lohan

Lohan reveals miscarriage, ex-beaus deny culpability

Lindsay Lohan dropped a bombshell during the finale of her Oprah Winfrey-produced reality show, claiming she'd had a miscarriage while filming the series — and now her ex-boyfriends are scrambling to clear their names, according to Radar Online. Sources

close to Matt Nordgren says the reality star was blindsided by the news. "Lindsay never mentioned anything about it to him," a source close to Nordgren says. "He was shocked to hear about it." And 18-year-old Ralph Lauren model Morgan O'Connor, who had a dalliance with Lohan last fall and made a brief appearance on her reality series, is making it clear to friends he had nothing to do with the shocking news.

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A regal revolution. The Brooklyn Circus founder explains why he's 'shifting and changing' attitudes toward the American uniform

RICHARD
PECKETT
Metro World News

Ouigi Theodore, the founder of fashion label The Brooklyn Circus, is a man on a mission. What started as a manifesto to get Americans out of saggy jeans and sneakers has gone from the streets of Brooklyn to the style capitals of the world. It's as much to do with the charisma of the dapper dresser known as 'the Bearded Man' as the effect of global tastemaking via social media. The 38-year-old refers to the phenomenon as the 'global village'. It's an idea that's at the heart of label BKc — the modern incarnation of traditional craftsmanship and old-time dressing — that's woven from the melting pot of U.S. history and culture. He sits down to talk me through his 100-year grand plan and the true meaning of hipsterdom.

You're a dapper chap, so how long does it take you to get ready in the morning?

I'm a uniform guy, so it doesn't take me as long as you want to think. Oddly enough, I would literally wear the same rig for weeks on end — I just adjust with a cardigan or throw in a pop or change the hat.

The beard has been having a moment among hipsters



Ouigi Theodore is teaching a generation of gentlemen how to take a little more pride in their appearance. OSUKE / METRO

From the Caribbean with care

"We came into America with a certain level of discipline and it was a discipline of self-awareness and presentation and so I kind of married that to my experience."

for a few seasons now and you've been sporting yours for years. How do you define the term 'hipster'?

I recently found out that hipster was a term that was used to describe white men during the jazz era who

were trying to be black guys and cool jazz cats.

That's a new one on me. Speaking of style cultures, why do you want to change the American dress code?
American culture has been



Brooklyn Circus's garments offer classic esthetics and antique motifs while upholding the pillars of modern design. TOM VAN SCHELVEN / METRO

identified as this super and ultra casual culture. It's really about sweatpants and trainers everyday. But for me, being from Haiti and the Caribbean, there needs to be a balance. We came into America with a certain level of discipline and it was a discipline of self-awareness and presentation and so I kind of married that to my experience. I bring a balance of tailoring and casual style into American sportswear.

You've got a 100-year plan, so how far along with changing the American style culture are you?

It's changing in small pockets internationally. It's not just in the U.S., thanks to the Internet. It's incredible to see something that you think is so local being picked up globally.

Is social media helping you get the word out?

Absolutely, totally. Social media is communication. I think people look at it sometimes as entertainment, when the reality is that the communication aspect precedes entertainment. As much as people are looking to see what's going on and writing LOL on posts,

there's a lot of information being flushed through the network.

Do you find design ideas through social media?

Yeah, it's being able to travel the world everyday in small bits. I'm looking at what's happening in London and Japan and it's in real-time.

Why are the Japanese so often the first to discover new trends?

The Japanese have a special way of figuring out and hunting for what's new. It's such a competitive environment that they have to go and seek out the next thing. They love culture and anything that has a vibration or soul to it.

Do you identify with the Japanese pace of working or is it more about brand longevity for you?

Absolutely, totally. I want to be able to run into a vintage store 40, 50 years from now and see our product. It's a cycle: We buy a lot of vintage and we're inspired by it and we design off of it. We have to create something that'll become the vintage of tomorrow.

Trends Report

If it smells good, you would probably want to taste it — but if you know it tastes good, would you want to wear it? Go online to Trends Report to see all the odd fragrances that have been inspired by your favourite foods and desserts.

- Online. Follow Irene on Twitter at @MetrolreneK or

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Stock images via Colourbox.com/Graphic Irene Kuan

The fragrant and the famous

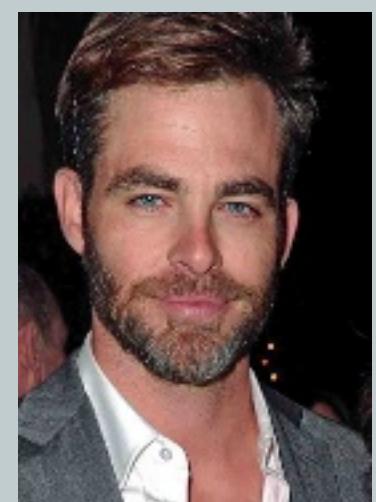
Pine-ing for Armani's new perfume

Ten years after the launch of Armani Code, the Italian luxury brand has presented a new variation on this sophisticated classic, with its woody accords enhanced by notes of citrus and cool mint. Armani Code Ice arrived in stores on April 15th.

Developed by master perfumer Alberto Morillas, the fresh new fragrance stands out for its lemon notes, combined with clary sage and tonka bean. Extracts of Grasse peppermint provide icy freshness.

The flacon maintains its original shape but has taken on a steel grey colour, reflecting the fresh and cool character of the scent. As announced in February, actor Chris Pine (Star Trek, The Ryan Initiative) is the face of the new men's fragrance. The 33-year-old will star in a campaign shot in Los Angeles by Andrew Dominik.

AFP



Cool trends for warmer months

What's to come for your closet. Cultural influences colour spring-summer styles

Whether inspiration is found on a gallery wall, the playing field or in styles from past decades, an eclectic mix of cultural influences is colouring fashions for spring and summer.

Style experts weigh in on some of the key cool trends in warm weather wear.

Athleticwear

Athletic-inspired styles are evolving beyond workout wear, with even top fashion houses like Chanel and Dior incorporating active-wear into their luxury looks.

"I think the sporty trend is partly growing out of a general movement towards comfort," said Laura deCarufel, fashion features director at Elle Canada.

At a recent showcase of the Marshalls



Italian gladiator leather sandal (\$79.99)
marshalls.ca

spring and summer collection, trend expert and forecaster Carly Stojcic touted the look of "elevated active" with embellishments on sweatshirts and sweatpants and the infusion of "hyper-saturated brights and neons" in footwear and accessories.

"For somebody who wants a more comfortable piece of footwear, the fancy sneaker is something that's been blowing off of shelves everywhere," she said.

"You have that fancy sneaker that has a covered wedge and some really shiny detailed embellishments on it that are naturally not a part of performance wear."

Baseball and varsity jackets are also



A bomber jacket (\$34.99)
marshalls.ca

being refreshed in fancy fabrications instead of heavy, utilitarian suedes seen in seasons past, she added.

Pretty and punk

An infusion of pale hues and vibrant shades and prints lends a novel twist to classic punk styles.

"Everything is edgy, but it's softened," said Stojcic.

Fusing influences from the '40s, '50s and '80s, some of the hallmarks of the pretty and punk look draw on items from the past with a prettier update, she noted. Stojcic said bold message T-shirts



Printed scarf (\$16.99)
marshalls.ca

or those showcasing blackout poetry teamed with soft-coloured biker jackets in buttery leathers and a floral printed skirt capture the essence of the tough-yet-feminine look.

Modern Boho

"There's definitely a resurgent interest in all things artisanal," said Stojcic. "And whether it's found in food or clothes or accessories, that's the importance of where and how things are being made and the quality of what we consume."

In a vignette dubbed Craftwerk, the trend expert showcased styles befitting what she described as the "modern Bohemian hipster woman" with laid-back pieces in a palette of saturated midtones and neutrals rich in cultural and ethnic influences.

Printed scarf (\$16.99)
marshalls.ca

Boy meets girl
Menswear-inspired styles are seeing a resurgence for spring and summer

- "Part of what makes it new is that Hollywood has really adopted it more recently. And I think that it's the younger stars that have adopted it," said deCarufel. "We've gotten accustomed to seeing stars like Tilda Swinton and even Madonna wearing suits and they always look amazing; but when you have Emma Stone and Emma Watson who are in their early 20s and among the coolest young starlets, seeing them rocking a well-tailored suit, it does bring a freshness to it."

Stojcic pointed to jumpsuits and scarves in vibrant prints, maxi skirts and dresses, crop tops and sundresses among the items that convey the casual, comfortable yet fashionable

style statement, featuring details like lace, crochet, fringe, patchwork, woven leathers and natural fibres.

Art and Fashion

Elle Canada's DeCarufel said visual art has made an impact on the catwalk, from painterly swirls at Celine to graffiti-style art at Dior. At Chanel, designer Karl Lagerfeld had someone create original artworks to transform the Grand Palais into a gallery, while Prada also commissioned artists to create murals along the presentation space that were translated into dresses, she added.

"It's not just as if it's just Impressionism or abstract expressionism or just pop art. It's really all of the above," said deCarufel.

"I think what we'll probably see on the market — and what makes the most sense and is probably the most beautiful interpretation of the trend — would be a painterly skirt or a dress. Anything that has the big swirls on it."

THE CANADIAN PRESS

Canadian street style

Spotted in: Toronto

Name: Nabiha

Age: 25

Occupation: Event Administrator/Media Analyst

What she's wearing:

Fisherman's pullover from American Apparel, camo print broken-in straight khakis from The Gap, suede boots by Calvin Klein, purse from H&M, jacket from Community.

Her inspiration:

"Bold prints in subtle colours, tone on tone layering and a neutral palette. I've always been drawn to nature and quiet places; I like my style to reflect that mindset."

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Don't fear deer: Grow colourful, flowering bulbs Bambi won't eat

Deer aren't daffy for daffodils. Many spring bulbs make tasty meals for wild critters, but there are some kinds that even a hungry animal will pass up on

Chomping down on a rosette of freshly emerging tulip leaves is just the thing to drive away winter doldrums — for deer. Crocuses probably taste almost as good to them.

But there's no need for us humans to forsake the blossoms of spring bulbs; there are plenty that don't appeal to deer.

Daffodils, for example. Deer won't eat them. So plant daffodils to your heart's content without any worry that their tops will be chomped off before the flowers even unfold.

Hyacinths also don't par-

ticularly appeal to deer. Although hyacinths were among the most fashionable flowers in the 18th century, they're not among the most popular bulbs now. Perhaps it's because they're a little stiff and formal, so don't blend well with currently popular naturalistic landscapes. Still, if you've got a place for them, you don't have to worry about deer upsetting your design.

Equally deer-proof and more easily integrated into naturalistic plantings are grape hyacinths, or muscari.

These tiny bulbs are impervious to cold, and spread to eventually blanket the ground with popsicle sticks packed with pure white, violet, or deep blue flowers.

Many small bulbs are deer-proof

Actually, once you segue over into the world of small bulbs,

you open the door to a slew of flowers that both naturalize and are passed over by hungry deer. Some are also the first harbingers of spring: Snowdrop and glory of the snow often bloom right through the snow, the former with white blossoms, the latter in white, pink or blue. Each of winter aconite's yellow blossoms, also appearing in very early spring, is cradled in hand-shaped leaves, decorative in their own right well after the blossoms dry up.

After this early show subsides, striped squill, also known as puschkinia, could share the stage with muscari, both blooming fairly early. The loose, pale blue clusters of striped squill won't do for the garden what Darwin tulips do — or would do if the deer wouldn't eat them — but they are welcome nonetheless.

Crown imperial is a deer-proof bulb that could provide the elegance of tulips. The

stalks shoot skyward two to three feet and then are capped by a tuft of leaves encircled below by a "crown" of downward-pointing red or yellow flowers. Crown imperial's relatives, Persian lily and guinea hen flower, are also passed over by deer and are beautiful in a more relaxed rather than regal manner.

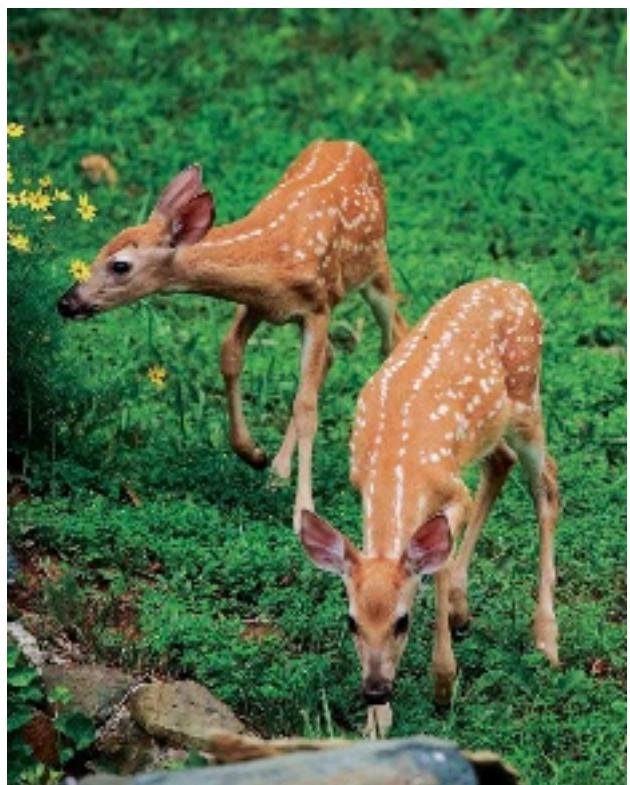
Deer also don't enjoy onions

Even as spring rolls into summer, there are colourful bulbs that can make deer look elsewhere for a meal. Flowering onions — alliums — fill this time slot, mostly appearing as pastel pompons atop slender stalks.

If you're unfamiliar with the ornamental, flowering onions, take a look at chives when they come into bloom. Now imagine those blossoms in deep blue, or in pink, even yellow. And rather than golf-ball size clusters of flowers, imagine flower heads the size of volleyballs, or baseball-size clusters sending out thin streamers of male flowers like fireworks. These are some of the variations on the basic allium flower theme.

This sampling of bulbs should be sufficient to convince you that deer need not reduce your spring landscape to a monochrome of green. After once watching deer munch the leaves off a friend's garlic plants, I do hesitate to recommend any plant as completely deer-proof.

Still, planting the above-mentioned bulbs generally sends out the signal: No food here, deer. THE ASSOCIATED PRESS



Planting the right bulbs can keep deer from feasting in your garden. ISTOCK

Oversized ornamental onions leave you sitting pretty

If you're unfamiliar with ornamental, flowering onions, take a look at chives when they come into bloom. Now imagine those blossoms in deep blue, or in pink, even yellow. And rather than golf-ball size clusters of flowers, imagine flower heads the size of volleyballs, or baseball-size clusters sending out thin streamers of male flowers like fireworks. These are some of the variations on the basic allium flower theme.



Flowering onions or alliums — like the Star of Persia shown here — mostly appear as pastel pompons atop slender stalks. Plant this ornamental onion for beauty and not for eating by deer or humans. LEE REICH/THE ASSOCIATED PRESS

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Summer chairs do a double take

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DESIGN
CENTRE
Karl Lohnes
home@metronews.ca

Dine out on red

Pilgrim style gets a lick of colour. Used outside or in, this chair will become a classic wherever it is placed. Union Red Dining Chair with cushion, \$275, crateandbarrel.com



A total eucalyptus of the yard

Dare Studio designed rocker with FSC-certified solid eucalyptus wood offers a small footprint and a sculptural quality wherever placed. Outback Rocking Chair, \$329, cb2.com

Gehry as the day is long

Designed for indoors or out, Canadian-born Frank Gehry's sculpted and twisted collection adds visual interest wherever it is placed. Frank Gehry Outdoor Collection from \$250, designwithinreach.com



ALL PHOTOS CONTRIBUTED



Pine for garden or kitchen nook

Paint a fun colour and top with some seat cushions for an instant banquette at the kitchen table. Outside it becomes a place to collect thoughts in the garden. Pine Park Bench, \$129, canadiantire.ca

Come to me, my precious metal

The perfect perch for the front foyer or the balcony. Textured Metallic Garden Stool, \$90, homesense.ca



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Number one job site based on six-month average online job postings for period ending March 31, 2014. Comparison between Workopolis and all other major paid online job boards. Does not include online classified sites or job posting aggregator sites. Statistics provided by WANTED Technologies. © 2014 Workopolis.



A SIMPLER LIFE IN CONDOMINIUMS

There is a lot to be said for living the condo life.

"A lot of people can't afford to live in a single-family home so they look at condos as an option," says Vancouver realtor Daniel Silveira. "There's also less maintenance in a condo and you don't have to tend to a yard and gardening."

The low-maintenance feature is big for empty nesters, while young professionals are seeking affordable proximity to downtown.

In Vancouver, where real estate is at a premium, many buyers can't hope to afford a single-family home. And condos are increasingly becoming the environmentally friendly option, too. Many developers are building LEED-certified energy efficient buildings.

As well, condos, by their very nature, add density downtown so people can walk to work instead of clogging up highways in their vehicles.

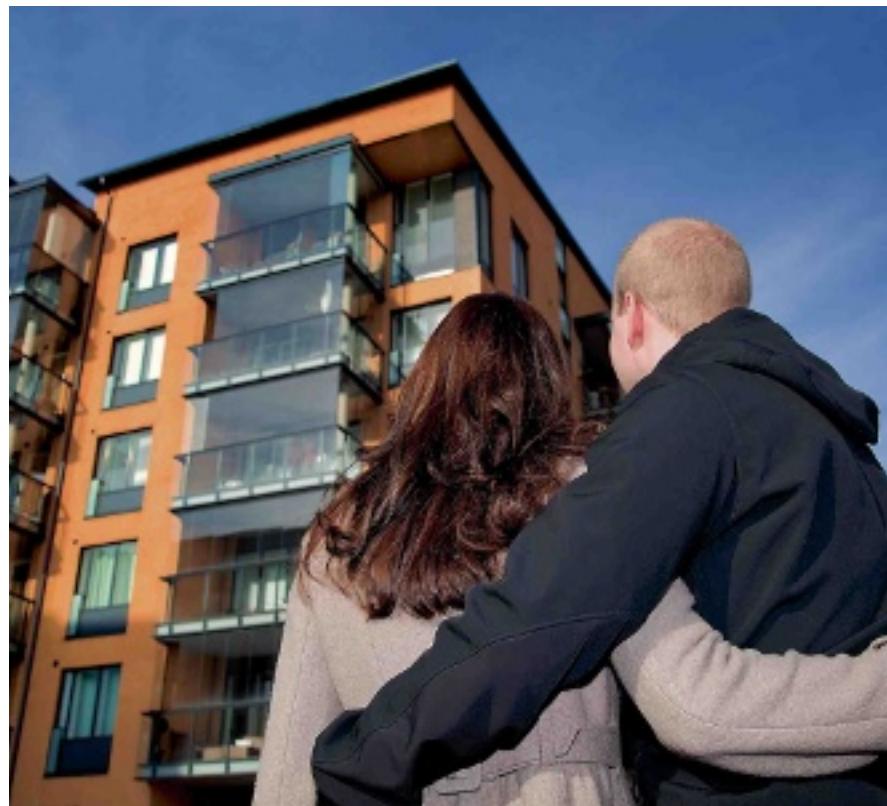
"We can't build to the north because we have the mountains, and we can't build to the south because we have the U.S.," Silveira says. "We can technically only build east or up."

In Ottawa, there is currently more supply than demand in the condo market, says realtor Bob Fraser. But condos, like any piece of real estate, are great investments over the long term.

"Right now in Ottawa, prices of condominiums are down," Fraser says. "There's simply more condominiums on the market than buyers to buy them, but that's not going to be a situation that's going to stick around forever, it's going to pick back up again. You have to think long term."

Even though condos provide dynamic urban living, buyers need to make sure the fit is right, Fraser says.

"If you're a person that doesn't do well in a highly-regulated environment then



SHUTTERSTOCK

condo life might not be for you," he says.

It's also important to make sure a lawyer reviews the financial situation of the condominium corporation to make sure it is not involved in any lawsuits, and to make sure there are no major alterations

planned for the common elements of the condo building.

"Once you become an owner you become a party to all those financial situations. It's absolutely critical that you know what you're getting into." — Jennifer Taplin

A DAY IN PAMPERED PARADISE

SPA RETREAT IS PART OF LYNWOOD PARK LIVING DREAMS

With 25 years of service excellence, Lynwood Park Retirement Community has earned the reputation of providing the highest quality of accommodation, service and care to the seniors who call the community home. This level of excellence comes from a dedicated and caring staff, dynamic social program, elegant surroundings, and attention to detail.

With signs of spring comes great new things from Lynwood Park, which continues to give back to its senior residents through the Living Dreams program. Lorna is the most recent participant of Living Dreams, a program designed to redefine the joys of aging and empower seniors to experience what they never dreamed possible.

Lorna will be enjoying her first trip to a spa with the help of The Spa Day Retreat in Kanata. Lorna says that while growing up during the war, the spa wasn't something she could justify. Now, at 92 years young,



CONTRIBUTED

Lorna hopes the visit might ease some of her aches and pains. Having made many friends through her travels with her husband (an Air Force veteran), all of her loved ones will come together at Lynwood to welcome her home from her day of relaxation to join her for dinner.

Follow Lynwood Park Retirement Community on Twitter @LynwoodParkRC for real-time updates on Lorna's magical day.

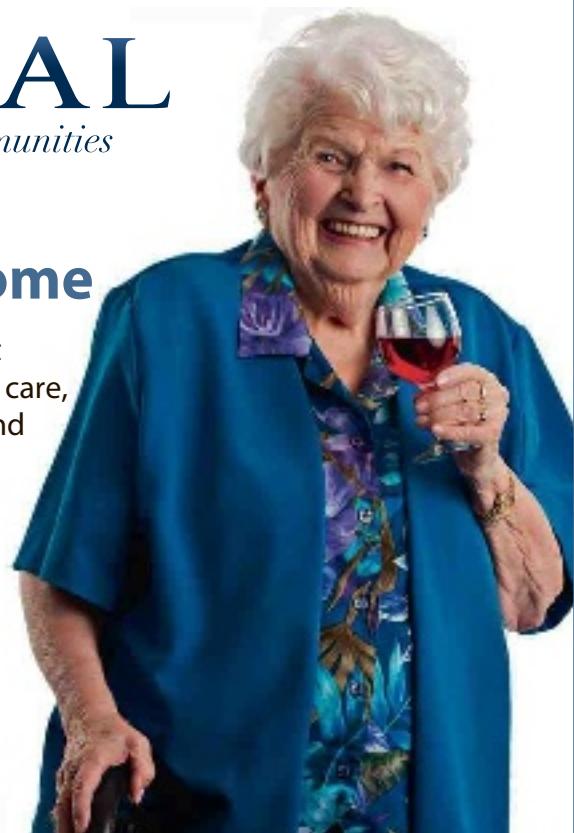
REGAL
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Lynwood Park Retirement Community offers seniors care, comfort, and peace of mind staffed by a professional, compassionate, and devoted team.

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*SOME CONDITIONS APPLY



CONTRIBUTED

AN OPPORTUNITY NOT TO BE MISSED

Home ownership dreams in Ottawa have become more attainable with the exciting new release of the Urban Collection at Minto UpperWest. The project is offering condominium living in the heart of Westboro from \$229,900, meaning you can live in this landmark community from just \$998 per month, less than the price of rent.

With timeless designs, a desirable location on the picturesque Ottawa River, and 25 acres of protected parkland outside your front door, Minto UpperWest is an opportunity not to be missed for first-time buyers, investors and right-sizers alike. The grand opening release is well underway at the sales centre at 400 Richmond Rd., and Ottawa is taking note of this 25-storey building that will be the future residence of 182 new homeowners.

Appealing to young Ottawa-area buyers, Minto UpperWest has designed a unique offering of contemporary aesthetics and finishes that will bring sophistication and modern luxury to every suite. Sleek lines and clean finishes are found in the space with granite or quartz counters in the kitchen and bathroom, and choice of designer selected cabinets and glass backsplashes. Suite sizes range from 532 to 1,060 square feet with prices starting in the low \$200,000s to the low \$500,000s for a very attractive mix of suites that will

FAST FACTS ABOUT MINTO UPPERWEST

DEVELOPER: Minto and Canderel

ARCHITECT: Wallman Architects

FLOORS: 25

SUITES: 182

SUITE SIZES: 532 to 1,060 square feet

SUITE PRICES: \$229,900 to \$521,900

FLOOR PLANS: Studio; one bedroom; one bedroom plus den; two bedroom; two bedroom plus den; three bedroom; and townhomes

PARKING FEE: \$33,000

AMENITIES: Lobby; lounge; dining room and demonstration kitchen; fitness centre; podium terrace; gas barbecues and fireplaces.

OCCUPANCY: 2016-17

LOCATION: 485 Richmond Rd.

TELEPHONE: 613-788-2786

WEBSITE: liveupperwest.com

TWITTER: @Minto_NewHomes

FACEBOOK: facebook.com/liveupperwest

and fireplace. An inviting lobby will feature a lounge area with fireplace and high-speed elevators to take you to suites, amenities and parking levels.

The breathtaking fusion of fluid glass walls and the five-storey podium designed by renowned Wallman Architects will create a welcoming, boutique hotel-inspired environment that exudes sophistication.

With only a limited number of suites left in the Urban Collection at Minto UpperWest, purchasers should act fast. Renters will be pleasantly surprised to see how they can easily become a condo owner at Minto UpperWest for a similar price to what they are currently paying in their monthly rental fees.

Based on a 4.3 per cent interest rate and a 25-year amortization period with 20 per cent down, the monthly mortgage payment on a \$229,900 unit would be \$998. Using a 15 per cent down payment would put monthly payments at \$1,078, and condo fees will be 42 cents per square foot, making them approximately \$230 per month on this unit.

Visit the sales centre at 400 Richmond Rd. for a tour of the model suite, and explore how you can call Minto UpperWest home for less than the price of rent. For more information, visit liveupperwest.com or call 613-788-2786.

cater to lifestyle preferences and budgets of all purchasers.

In the heart of the vibrant Westboro neighbourhood overlooking the Ottawa River Parkway and the Gatineau Hills, residents will find the location beyond compare.

The close proximity of transit means owning a car is not a necessity, and great shops, services, cafes and dining options can easily be accessed on foot. Cyclists, runners and joggers will be happy to find many bike paths walking trails and beaches to enjoy around the 25 acres of protected parklands in this Ottawa River community, not to mention the fabulous unobstructed views and blue expanses.

For building amenities, residents will find an on-site gym designed by fitness experts from the Benchmark Group to get them fit and healthy with cardio and strength training equipment. Residents can spend their downtime relaxing in the lounge by the floor-to-ceiling windows with a book or taking in the game on the flat-screen television.

Entertaining guests won't be an issue since the dining room and kitchen space are designed to wine and dine friends and family in style with the help of a caterer if you choose. A gorgeous podium terrace equipped with barbecues and common areas will extend living space year-round to enjoy lush landscaping, lounge chairs

BREAKING NEWS

NEW RELEASE IN THE HEART OF WESTBORO \$229,900*
INTRODUCING THE URBAN COLLECTION FROM

DEVELOPING STORY

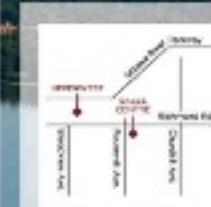
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Timeless design, priceless location, a once-in-a-lifetime opportunity.



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FROM THE LOW
\$200's*



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- Rapid Transit at your doorstep
- Steps to great cafes, shopping, dining
- 25-acres of protected parklands
- Bike paths, walking trails, beaches
- Stuning spaces, contemporary finishes



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LIVEUPPERWEST.COM

*Based on 20% down on a 5-year term, 5-year closed at 4.2% 25-year amortization. Lower down payment offers available.
United Financial, 5% down req for full details. Prices and specifications subject to change without notice. Illustrations & info's except. E. & O. E.



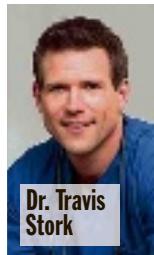
CANDEREL

HEALTHY HABITS

KEEP YOUR TEETH IN GREAT SHAPE

You have mere seconds to make a first impression and a healthy smile, whiter teeth, and fresh breath are all part of making a good one.

April is Oral Health Month, which means it's a good time to think about all the habits that contribute to a winning smile. The best way to keep your teeth in great shape are: Take care of your overall health, including good oral hygiene; whiten teeth as necessary; and be conscious of keeping your breath fresh.



Dr. Travis Stork

HEALTHY TEETH
A healthy mouth is part of a healthy body, says Dr. Travis Stork, a practising board-certified emergency medicine physician and an Emmy-nominated national television host.

When you don't take care of your teeth and gums, the results become very noticeable, very quickly — bad breath and stained teeth are hard to miss.

But poor oral hygiene can also lead to a more damaging problem — gingi-



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vitis. Over time, gingivitis, which is an inflammation of the gums, can cause gum disease and even loss of teeth.

Of course, you need healthy teeth and gums to eat and enjoy your food. Also, the condition of your teeth and gums can affect the way you feel about yourself too, Stork says.

Factors that affect the health of your teeth:

- Poor oral hygiene;
- Gingivitis;
- Unhealthy diet;
- Underlying health conditions.

HEALTHY SOLUTIONS

Good health comes with a healthy lifestyle, Stork says — stay active, eat healthy, and take care of oral health.

It's most important to reduce the

amount of sugar, specifically in your diet, which is one of the main causes of dental problems.

"Cut out as much refined sugars as possible," Stork says. "Instead, enjoy the natural sweetness of fruits."

Oral hygiene is important, too. Brush and floss your teeth and rinse every day. Stork recommends brushing with an electric toothbrush for two minutes twice a day, flossing, and rinsing with an anti-septic mouthwash.

Use Crest Pro-Health Clinical toothpaste, Stork says. It can help prevent and even reverse gingivitis and early stages of gum disease.

Be sure to see your dentist at least twice a year for routine cleaning and a checkup. See your doctor for any health problems, too.

BENEFITS OF A BRIGHT SMILE

Whitening teeth is one of the easiest and most noticeable cosmetic changes you can make today. While whiter teeth brighten your smile, the benefits go much further than that. A beautiful, whiter smile is also good for health and wellness.

For example, looking good gives your self-esteem a boost and that will affect your self-confidence and how you feel about life in general.

Someone with whiter teeth, compared to stained teeth, appears to be friendlier. When people have a bright smile, they tend to show it off more often.

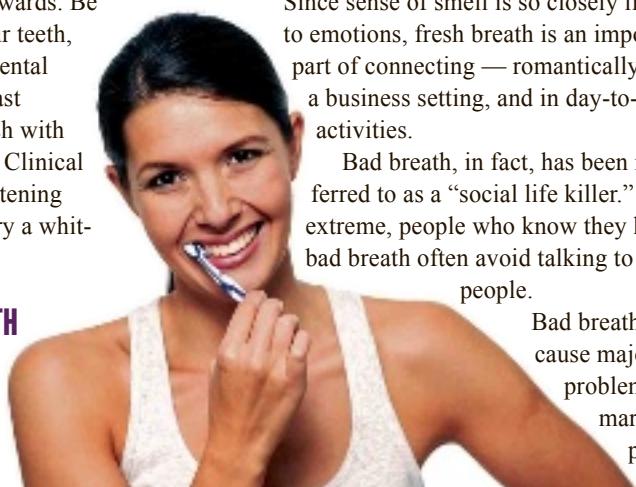
There is an anti-aging effect as well — research has shown that whiter teeth are associated with beauty, health and youth.

Factors that affect the colour of teeth include:

- Genetics — some people are born with teeth that are more yellow than white.
- Age — as a natural part of aging, some people's teeth discolour.
- Smoking — cigarettes leave behind yellowish nicotine stains on teeth; so smoking is just as unhealthy for teeth as it is for the body.
- Coffee, tea and red wine — drinking dark liquids can stain teeth, too.
- Medication — certain medications tend to discolour teeth.
- Oral hygiene — plaque and tartar buildup affect the colour.

SWEET SOLUTIONS FOR FRESH BREATH

For whiter teeth, quit smoking. Talk to your dentist or doctor about any concerns. If you ingest foods that may stain, rinse your mouth afterwards. Be sure to brush your teeth, floss, and use a dental mouthwash at least twice a day. Brush with Crest Pro-Health Clinical toothpaste, a whitening toothpaste, and try a whitening product.



FRESHER BREATH

Morning breath is one thing. But halitosis, or bad breath,

on a more regular basis can negatively impact your day-to-day life, and it may signal dental or other health problems. Since sense of smell is so closely linked to emotions, fresh breath is an important part of connecting — romantically, in a business setting, and in day-to-day activities.

Bad breath, in fact, has been referred to as a "social life killer." In the extreme, people who know they have bad breath often avoid talking to other people.

Bad breath can cause major problems for married people,

too. Halitosis is one of the main reasons people with partners see their dentist.

Factors that affect bad breath include:

- Poor oral hygiene;
- Strong smelling foods;
- Smoking;
- Health problems.

SWEET SOLUTIONS

Brush and floss at least twice a day to prevent odour-causing bacteria from settling in the mouth. If bad breath is caused by food choices, be sure to rinse your mouth, brush your teeth and rinse with a dental mouthwash after you eat. Talk to your dentist or doctor about your concerns. Be sure to always carry sugar-free gum or mints and mouthwash, too.



I WANT A WHITER SMILE FOR ALL MY SPOTLIGHT MOMENTS

My wedding day was filled with smiles. To make my smile beautiful, I used my 3D White routine. It gave me a whiter smile and totally prepared me for my moment in the spotlight.



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MY 3D WHITE™ ROUTINE

Crest® 3D White™ toothpaste fights cavities.

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SO I LOOK AS GOOD
AS I FEEL

My smile is something I want to share for years to come. To help keep it healthy, I stick to my Pro-Health routine. And, as a result, I always get to show off my healthy smile.



1 FLOSS 2 BRUSH 3 RINSE

MY PRO·HEALTH™ ROUTINE

Crest® Pro-Health™ Multi Protection rinse helps prevent and reduce plaque and gingivitis. Crest® Pro-Health™ toothpaste fights cavities, plaque, tartar, gingivitis and tooth sensitivity. To ensure this product is right for you, always read and follow the label.



I WANT A FRESHER SMILE SO I DON'T MISS THE KISS

My smile is fresh thanks to my Crest + Scope routine. It gives me the confidence to know that I'm ready for that special kiss with that special someone.



1 FLOSS 2 BRUSH 3 RINSE

MY CREST + SCOPE® ROUTINE

Crest® Complete toothpaste fights cavities.

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What sounds Italian but rules Mexico?

Milanesa de pollo.

Believe it or not, this Italian-sounding recipe is among the country's most popular dishes

"The word Milanesa refers to beef, pork, veal, or chicken that has been pounded thin, breaded, and fried until deliciously crisp and golden brown," writes Pati Jinich in her book *Pati's Mexican Table*. "My addition of tangy crumbled cheese gives the breading an extra layer of flavour, and the pinch of ground chile takes the Milanesas a step beyond traditional versions."

"I could eat Milanesa de pollo every day for the rest of my life. My kids feel the same way: I usually prepare a double or triple batch at a time, store them uncooked in the freezer, and pull them out as needed during the week."

1. In a large shallow bowl, whisk together the eggs and milk. Combine the corn flakes with the cheese, chile, and salt and spread on a plate.

2. Dip each chicken breast in the egg mixture, then coat it on both sides with the cornflake mixture, so the whole breast is covered. Set aside on a plate.

3. Heat 1/4 inch of oil in a 12-inch skillet over medium heat

Ingredients

- 2 large eggs
- 2 tbsp milk
- 1 cup Kellogg's Corn Flakes crumbs or dried bread crumbs
- 1/2 cup finely crumbled queso fresco, Cotija, ricotta salata, or mild feta
- 1/2 tsp ground dried chile, such as piquín, or a Mexican mix, such as Tajín, or to taste
- 1/4 tsp kosher or coarse sea salt, or to taste
- 6 boneless, skinless chicken breasts, pounded thin
- Vegetable oil

until hot but not smoking, 2 to 3 minutes. Add as many chicken breasts as will fit in a single layer, without crowding the pan. If the edges of the Milanesas aren't bubbling in the oil, raise the heat to medium-high. Cook for 2 to 3 minutes on the first side, until golden brown and crisp, then gently flip and repeat on the other side. Remove the Milanesas from the pan and set them on a paper-towel-covered plate and keep warm. Repeat with the remaining chicken pieces, adding more oil if needed. (If you are not serving them immediately, place the Milanesas in a baking dish, without the paper towels, and keep warm in a 250 F oven.) Serve hot. RECIPES EXCERPTED FROM PATI'S MEXICAN TABLE, © 2013 BY PATI JINICH. REPRODUCED BY PERMISSION OF HOUGHTON MIFFLIN HARCOURT. ALL RIGHTS RESERVED.

This recipe serves six. PENNY DE LOS SANTOS



Creamy Poblano Rajas: Meat sidekick



This recipe serves eight. PENNY DE LOS SANTOS

This recipe calls for the chiles to be charred, sweated and stemmed.

To char them, Pati Jinich suggests, "Place the chiles in a dry skillet set over medium heat ... turning them every two to three minutes for six to nine minutes."

Then, to make them sweat, Jinich says, "Place the chiles in a plastic bag or bowl. Seal the bag or cover the bowl tightly with plastic wrap and allow the chiles to sweat for 10 to 20 minutes."

Lastly, you must peel and rinse the chiles by, "holding each chile under a thin stream of cold running water" and removing the charred skin with your fingers. Then

make a slit down one side of the pepper and remove the cluster of seeds and veins.

1. Heat the butter in a large skillet over medium-low heat until melted and foamy. Add the onions and cook, stirring occasionally, until soft, translucent, and starting to gently brown around the edges, about 15 minutes.

2. Increase the heat to medium-high and add the poblano chile strips. Sprinkle with the salt and pepper and cook for 2 to 3 minutes, until the chiles have lightly browned. Reduce the heat to medium, add the cream and cheese, and cook, tossing

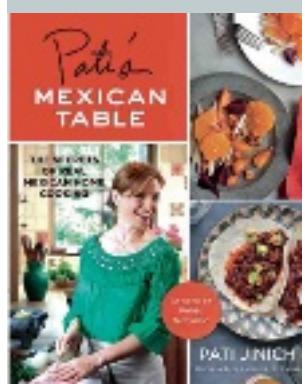
gently, until the sauce thickens, 5 to 6 minutes. Serve hot.

Ingredients

- 3 tbsp unsalted butter
- 1 1/2 cups slivered white onions
- 1 lbs poblano chiles, charred, sweated, peeled, stemmed, seeded, and sliced into 1 x 1/2-inch strips
- 1 tsp kosher or coarse sea salt, or to taste
- 1/4 tsp freshly ground black pepper, or to taste
- 1 cup crème fraîche
- 1/2 cup crumbled queso fresco, Cotija, farmer cheese, feta, or ricotta salata

Cookbook of the Week

Mexican flavours in your kitchen



As the host of the PBS series *Pati's Mexican Table*, Pati Jinich proves that Mexican cooking is quicker and easier than most North Americans think.

Now she puts that concept to use in her book of the same name. Surprising in its simplicity and freshness, her recipes aren't overloaded with cheese or heavy sauces. Many specialities in the book Jinich learned from her mom and grandmother, while others are spins on classics.

Among the recipes are Sweet and Salty Salmon, Classic Avocado Soup, Mexican Masa Dumplings and more. **METRO**

For your phone

Veggie Weekend (iPad/iPhone; free)



MIND THE APP

Kris Abel
@RealKrisAbel
life@metronews.ca

Suitable for vegans, vegetarians, and understanding omnivores alike, this collection of 18 recipes inspired by world cuisine is ideal for family gatherings, offering kale burgers, saffron risotto, and holiday dishes.



Champions League

Real Madrid wins first leg of semi vs. Bayern Munich

A goal from Karim Benzema gave Real Madrid a 1-0 victory over title holder Bayern Munich on Wednesday and a slender advantage in their Champions League semifinal.

Madrid endured plenty of pressure in the first leg

match, but scored from a 19th-minute counter-attack when Cristiano Ronaldo found Fabio Coentrao speeding down left to cross into the box for Benzema to tap beyond goalkeeper Manuel Neuer.

Ronaldo returned from a left leg injury but missed a number of scoring opportunities, eventually giving way to Gareth Bale, who started on the bench after battling with "flu."

THE ASSOCIATED PRESS

Sarah Burke

Freestyle skiing pioneer inducted into hall of fame

Freestyle skiing pioneer Sarah Burke, who died after a training accident in 2012, is one of eight new members of Canada's Sports Hall of Fame.

Burke was a world champion and four-time X Games gold medallist in women's ski halfpipe, a sport she



Sarah Burke THE CANADIAN PRESS

championed to be included at the 2014 Sochi Olympics.

She died Jan. 19, 2012, at the age of 29 after suffering an accident while training in Utah. THE CANADIAN PRESS

NHL awards

MacKinnon, Lightning players up for Calder

The Calder Trophy finalists for the NHL's top rookie were announced Wednesday. Nathan MacKinnon of the Colorado Avalanche and Lightning forwards Tyler Johnson and Ondrej Palat are the nominees.

THE CANADIAN PRESS



The Sharks are on the cusp of sweeping the Kings, and the likes of Raffi Torres are contributing on offence. EZRA SHAW/GETTY IMAGES

Sharks circling Kings with brooms ready

NHL playoffs. San Jose not overconfident even with opponent reeling

Joe Thornton and the Sharks have been in command of many playoff series over the past decade. The San Jose captain has also seen just how easily control slips away during nine straight post-season trips without raising the Stanley Cup.

That's why the Sharks are both comfortable and concerned with a chance to finish off the reeling Los Angeles Kings in Game 4 of the first round on Thursday night.

"Don't give us a passing grade yet, because we're still taking the test," Sharks coach Todd McLellan said Wednesday after the Sharks' mellow

Quoted

"We're coming to win and finish them in Game 4. You can't give a team like the L.A. Kings any life. They're going to come to play."

Sharks forward Logan Couture

skate at Staples Center.

After so many years of playoff disappointments, the Sharks are one win away from kicking off their latest post-season run with quite a sweeping statement.

Not even the Sharks themselves thought they could outskate, outhit and thoroughly outplay the Kings, whose own post-season credentials are unquestioned after their title run just two years ago. Kings goalie

Jonathan Quick and the NHL's best defensive team have been shredded for 17 goals by the Sharks' balanced lines.

The Sharks got in position to eliminate the 2012 champs and their biggest rivals with a 4-3 victory in Game 3 on Patrick Marleau's fourth career overtime-winning goal, matching Jaromir Jagr for the most among active players.

"We're a confident group right now, and hopefully we can show that (in Game 4)," Thornton said. "(Game 3) could have gone either way. We know how close it is."

Starting with the franchise's first trip to the Western Conference finals in 2004, the Sharks have won 10 playoff series and made the conference finals three times. San Jose has missed the playoffs just once since 1997.

THE ASSOCIATED PRESS

4

SPORTS



Summer Adult Coed Beach Volleyball

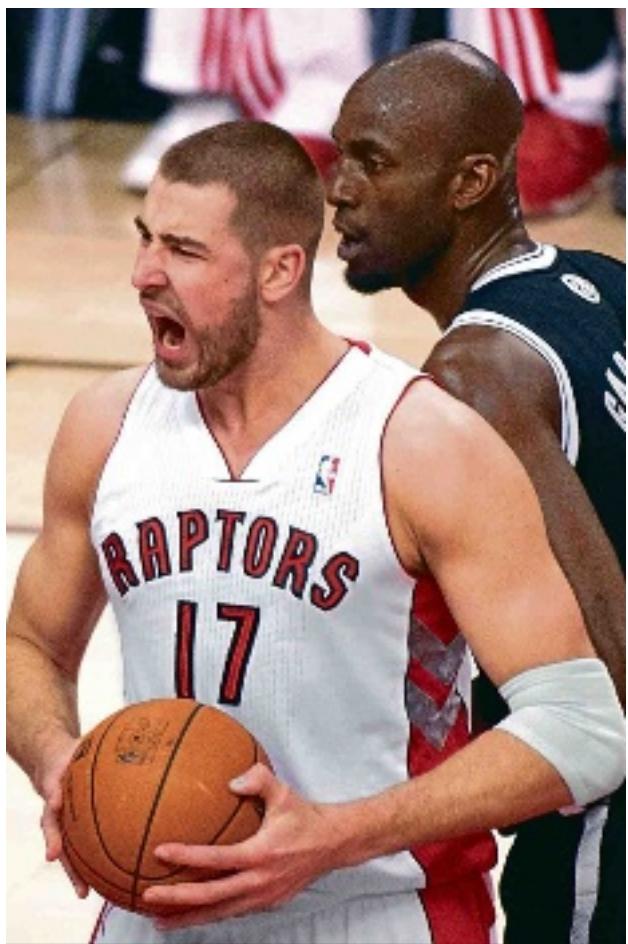
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The Raps' Jonas Valanciunas and Kevin Garnett of the Nets during Game 2 of their NBA playoff series in Toronto on Tuesday. NATHAN DENETTE/THE CANADIAN PRESS

Off to Brooklyn, Raptors bank on winning road record

Ujiri's slur still looms.

At 3-3 this season, both teams eager for games 3 and 4 in N.Y.C.

The Raptors have talked the talk. Now they have to walk the walk in Brooklyn.

Toronto backed up their GM's two-word foray into the world of trash-talk by evening their first-round playoff series with the Nets at one game apiece via a 100-95 win Tuesday night. The series now switches to the Barclays Center in Brooklyn for Game 3 Friday and Game 4 Sunday.

"It's going to be a new frontier," Toronto coach Dwane Casey said Wednesday prior to flying to New York. "We've been a good road team in hos-

tile situations, hostile gyms. Our guys have responded."

Toronto had 22 wins on the road this season, tied with Miami and Washington for tops in the Eastern Conference.

One of those away wins came in Brooklyn, where Toronto was 1-1 this season. The teams also split their two regular-season games at the Air Canada Centre.

Add in the first two games of this series and the teams are 3-3 this season.

The two-word slur of general manager Masai Ujiri's out-of-nowhere insulting Brooklyn at a fan gathering prior to Game 1 continues to loom large.

"I don't know if you can say 'F Brooklyn' and then come into Brooklyn," veteran Net Kevin Garnett said Tuesday night. "So we're about to see what it's like." THE ASSOCIATED PRESS

Not to worry

Pierce doing it right: Kidd

Jason Kidd never appears to worry about anything, certainly not about someone like Paul Pierce.

Even if his matchup was all in Toronto's favour in Game 2, Pierce nearly had as many fouls as points. Yet Kidd is not concerned.

"Paul's doing everything right. The game of basketball is about making shots and sometimes you make them and sometimes you don't. So Paul, I think, has had two good games," Kidd said Wednesday on a conference call. THE ASSOCIATED PRESS

Birthday bash

Wrigley Field 100

Fittingly, the Chicago Cubs marked Wrigley Field's 100th birthday with a loss.

One out from victory, the Cubs, who have not won a World Series since 1908, allowed the Arizona Diamondbacks to rally for five runs in the ninth inning in a 7-5 loss Wednesday. The beloved ballpark is the second-oldest in the major leagues behind 102-year-old Fenway Park in Boston. THE ASSOCIATED PRESS



They were partying like it was 1914. Scan the above image with the Metro News app to see a gallery of Wednesday's festivities. DAVID BANKS/GETTY IMAGES

YOU COULD

WIN

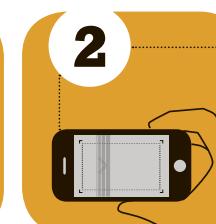


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No purchase necessary. Contest open to residents of Canada, excluding Quebec, who have reached 18 years of age or older. To enter, for complete contest rules, and alternate method of entry visit www.clubmetro.com

Horoscopes

Aries

March 21 - April 20

Some things are worth worrying about and some are not. Do you know which is which? Chances are money won't mean as much to you over the next 24 hours as it usually does. That's good.

Taurus

April 21 - May 21

You can't help but make a good impression right now. Just be careful you don't attract so many new friends that you neglect the people in your life who really matter.

Gemini

May 22 - June 21

You don't need anyone's blessing for what you are planning. All you need is the confidence to begin, and the courage to follow through and finish the job. What are you waiting for? Now's the time.

Cancer

June 22 - July 23

Your confidence is high and will rise even higher over the next few days. Friendships and group activities are under excellent stars. Get out into the world and see and be seen.

Leo

July 24 - Aug. 23

With the Sun and Mercury moving through the status area of your chart, you will make friends with the right sort of people and there is no telling where that might lead.

Virgo

Aug. 24 - Sept. 23

You want to take a trip but have no valid reason for travelling. So what? Cosmic activity in the most adventurous area of your chart urges you to let your impulses guide you. You're sure to end up some place that's fun.

Libra

Sept. 24 - Oct. 23

Make sure what you wish for is what you truly desire because once it is in your possession you may not be able to give it back. Also, be careful when making promises to friends. They will hold you to them.

Scorpio

Oct. 24 - Nov. 22

The planets indicate that you will gain more if you take an easygoing attitude to getting your way. Aim high but don't think you have to force people to give you what you desire.

Sagittarius

Nov. 23 - Dec. 21

The cosmic picture is so good that most people will respond positively if you approach them as equals and partners. On the work front, especially, if you smile and ask nicely you'll get everything you need.

Capricorn

Dec. 22 - Jan. 20

You don't have to come on strong to make your point. On the contrary, others will be more receptive to what you say if you say it calmly and with no hint of a threat.

Aquarius

Jan. 21 - Feb. 19

You get on well with most people but you also need to be aware that there are individuals out there who are so different to you in temperament that it's unlikely you will ever be friends.

Pisces

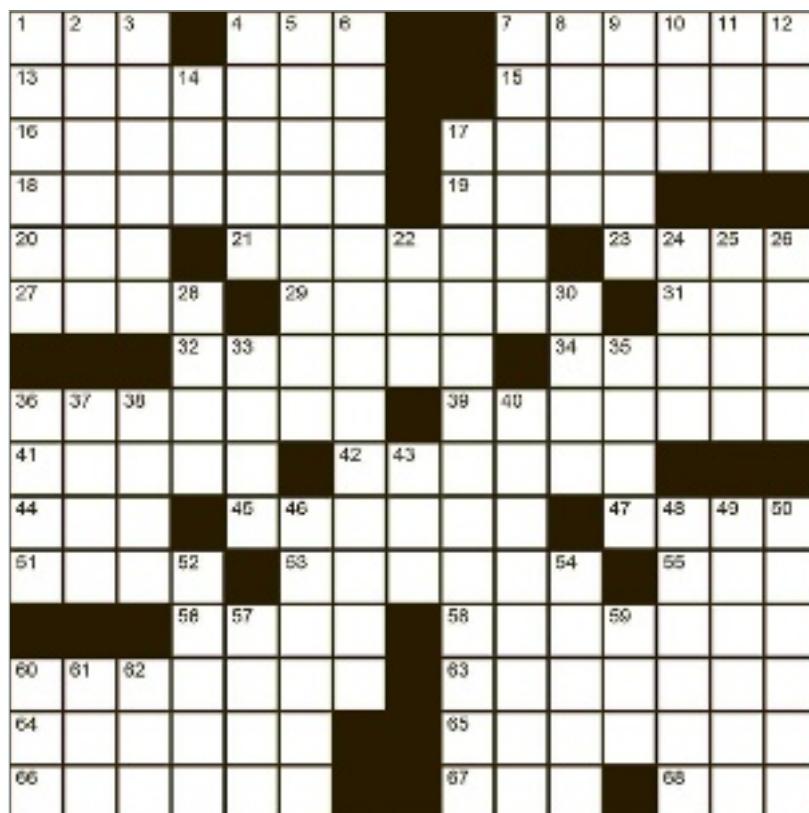
Feb. 20 - March 20

Someone you meet socially will attract you romantically but think carefully before you send out signals of love because the planets warn it may not be the right thing to do. Stay friendly — for now. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Guy' ____
14. Kyrgyzstan city
17. Film buff's mansion must-have: 2 wds.
22. Kay's follower
24. "This ___ laughing matter!" : 2 wds.
25. '70s TV cop Lt. Kojak
26. Make money
28. Unchanged: 2 wds.
30. "___ good now?" (Things are okay between us, right?)
33. Footnote abbr.
35. Terrorist's arms, commonly
36. Mil. two-stripers
37. "Flux" (2005)
38. Sports org. for Canada's Rebecca Lee-Bentham
40. Refinement
43. Prefix to 'lateral'
46. Doug & The Slugs hit: "Making ___"
48. Mr. Thicke's ...en francais
49. Location of 1976 anti-apartheid protests in South Africa
50. Grammar topic
52. One of Columbus' ships in 1492
54. Not nabs
57. Baltic Sea feeder
59. Prez pre-JFK
60. Guitarist Mr. King's
61. Soak flax
62. \$20s-spewing source

actress, ___ Chong
51. decision
53. Sixties super-model
55. Moviedom's Myrna
56. Important caucus state
58. Edmonton-born

66. One of the Gospels-writers, ___.
67. Montreal's plurally 'My'
68. Chicago White ___ Down
1. Molten matters
2. Like David Letterman's show: 2 wds.

3. Rodgers & Hart's "Ten Cents ___"
4. CFL players, e.g.
5. More like a 'Speckled' fish
6. Canadian singer/songwriter of "(You're a) Strange Animal": 2 wds.
7. Least wet
8. Rows
9. Ms. Spears, et al.
10. Ottawa fig.
11. Scratch tickets and more corp. for the prov. between MB and QC
12. Bill 'The Science

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

7	8	8	3	4	9	2	1	5
9	5	2	1	8	8	3	7	4
3	4	1	2	7	5	9	8	6
8	1	7	5	9	6	4	2	3
2	6	4	8	3	7	1	6	8
5	3	8	4	1	2	8	6	7
1	9	8	7	5	4	6	3	2
6	7	3	8	2	1	5	4	0
4	2	5	8	8	3	7	9	1

2	6	1	7	3	8
4	8				1
9		3			
4	9			1	
5	7		1	2	5
6				5	4
		3			6
7				5	3
1		4	6	7	8

Today



Friday



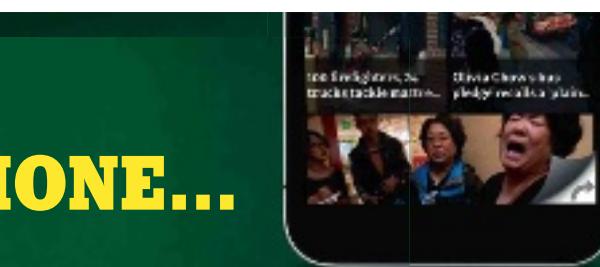
Know what the weather will be 14 days from now. Check the 14 day trend.

TWN incorporates MSC data.



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